



# QSA NEWSLETTER

*Sangha Samaggi Togetherness of the Buddhist Sangha*

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108 Eric Street, Goodna, Queensland 4300 [ABN 56 506 052 172]

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1 September 2018

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### ***SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE DHAMMAPADA***

*Whatever harm a foe may do to a foe, or a hater to a hater yet an ill-directed mind can do oneself far greater harm. (Dhammapada 42)*

## EDUCATIONAL SERVICES

### MEDITATION AND CHANTING PROGRAM FOR BUDDHIST CHAPLAINS AND OTHERS



Back Row (standing) - from left: Sandy Ellis, Venerable Lozang Tseten, Prof Tian Po Oei, Anna Nolan, Emma Cain, Ben Sheppard, Barbara Sullivan, Andrew Hamblin

Front Row (seated) - from left - Lulu Cook, Arnaud Coquillard, Reverend James Wilson, Elaine Redford, Carol Khan.

Photo taken by: Deborah Galvin

### Workshop on Teaching Meditation and Chanting for Buddhist Chaplains

On Saturday 11th August fourteen people participated in this day long workshop which was held at the Inter-Faith Chaplaincy Unit at University of Queensland. Presentations and discussion occurred on a variety of topics

including: establishing and running a meditation group in a large Brisbane hospital; simple practices for beginner meditators; teaching meditation in large drop-in public spaces; working with prisoners; teaching meditation to children and teenagers; practice groups for people with addictions; walking meditation; trauma sensitive meditation; and chanting practices. The discussion was friendly, vibrant and informative! We will plan more workshops like this in the future.

## **DHAMMA RESEARCH PROGRAM (2)**

The first Dhamma Research Program was held on 1 July 2018 and the topic was the Self-Concept or Sakkaya Ditthi. Dr. Sanka Wasalthilake conducted the program at the Sri Lanka Temple in Ellen Grove. It was based on Pali scriptures (Theravada). An analysis of the concept was presented and then followed by a question and discussion session. Some discourses were suggested for further reading.

The next program in the series will be announced next month.

One can ask why the research method is used here. If one looks at the seven factors of Awakening which is a part of the 37 factors of enlightenment, the second factor mentioned is Dhamma Vicaya. This means the critical examination of the Buddha's teaching. This in fact is similar to what is covered under the modern term Research.

## **THIRD QUENSLAND BUDDHIST CONVOCATION**

The Queensland Buddhist Convocation has been held every year around this time since 2016. The convocation brought together members of the Buddhist Community regardless of traditions and origins. People who had rendered services to the Buddhist Community were recognized with the award of certificates. Those who were learning Buddhism through formal courses and those who had qualified as Buddhist Chaplains were also given certificates.

Volunteers working as Buddhism teachers in schools were also recognized by the award of certificates.

If you think that there is someone known to you who deserves to be recognized for serving the Buddhist Community, for learning Buddhism or for teaching Buddhism please send an email to QSA suggesting the award of a certificate. The email address is [infoqsa@gmail.com](mailto:infoqsa@gmail.com) There are no forms to be filled.

***The plan is to hold the convocation from 3.00 pm on Sunday The email address is infoqsa@gmail.com 25 November 2018 at the Thai Temple at 1 Paradise Road, Forestdale.***

You can nominate more than one person. A temple or association can nominate many individuals. Nominations will be accepted till 16 November 2018. Already a few nominations have been received.

## **QSA ORGANISATION**

### **YOU CAN BE A BUDDHIST CO-ORDINATOR FOR YOUR LOCAL AREA**

It is expected to engage a number of volunteers throughout Queensland to disseminate information about Buddhism and Buddhist organisations in various areas. Enquiries about Buddhism and Buddhist institutions in various areas have been received in the past. Coordinators from the following areas would be useful:

Bundaberg  
Cairns  
Caboolture  
Gatton  
Innisfail  
McKay  
Rockhampton  
Springfield  
Sunshine Coast  
Toowoomba  
Townsville

Volunteers from these or any other areas are invited to indicate their interest in helping enquirers. Their names will be published in our newsletter.

Telephone or email addresses can also be published if requested by the volunteer. Otherwise the common email of QSA that is [infoqsa@gmail.com](mailto:infoqsa@gmail.com) can be used and emails received will be referred to the volunteer.

Each co-ordinator will be sent a brief package of information to help start work. They can also ask QSA to publish information from the area like major Buddhist events in the QSA newsletter.

## **BUDDHIST CO-ORDINATOR (BRISBANE BAYSIDE)**

Gail Bell is now functioning as the Buddhist Co-ordinator for the Brisbane Bayside area. When you need information on Buddhism and Buddhist Institutions please contact Gail via [info.qsa@gmail.com](mailto:info.qsa@gmail.com)

You are also encouraged to keep Gail informed when you organize Buddhist events in this area.

Gail will attempt to cover the post codes listed below:

4183 (North Stradbroke Island),  
4160 (Ormiston)  
4163 (Cleveland)  
4164 (Thornlands, Victoria Point)  
4165 (Redland Bay),  
4178 (Wynnum),  
4179 (Manly, Lota)



Gail Bell

### **BUDDHIST CO-ORDINATOR (GOLD COAST, BRISBANE)**

Dr. Mark Chappell is now functioning as the Buddhist Co-ordinator for the Gold Coast AND Beisbane areas. When you need information on Buddhism and Buddhist Institutions please contact Markl via [info.qsa@gmail.com](mailto:info.qsa@gmail.com)

You are also encouraged to keep Mark informed when you organize Buddhist events in this area.

Mark is from Helensvale, QLD 4212.



**Dr. Mark Chappell while in New Zealand**

## **INFORMATION PACK FOR BUDDHIST COORDINATORS IN LOCAL AREAS (EDITION 1)**

**INFORMATION PACK (1) TO BUDDHIST COORDINATORS-IN-LOCAL AREAS  
EDITION (1)  
30 AUGUST 2018**

### **CONTACT PERSONS IN QSA**

|                     |   |
|---------------------|---|
| President           | Reverend James Wilson, Jodoshu Temple in Ashgrove |
| Secretary           | Venerable Sugathasara. Sri Lanka Temple in Goodna |
| Executive secretary | Mr. Rahu Sarath-Chandra, Forest Lake              |

### **ORGANISATION OF QSA**

|                        |  |
|------------------------|--|
| Website of QSA         | <a href="http://www.sanghaqld.org">www.sanghaqld.org</a>   |
| Email of QSA           | <a href="mailto:infoqsa@gmail.com">infoqsa@gmail.com</a>   |
| Educational arm of QSA | SIDDHARTHA INSTITUTE OF BUDDHISM<br>Department of Pali and Theravada headed by Dr. Sanka Wasalthillake from Gold Coast |



Department of Buddhist Chaplaincy Studies headed  
by Dr. Barbara Sullivan

Buddhist Chaplaincy Services Board

Chairperson-Dr. Barbara Sullivan

Other Service Divisions (publications, temple planning etc) can be contacted via  
infoqsa@gmail.com

### **A SELECTION OF TEMPLES IN OR CLOSE TO BRISBANE**

Chung Tian Temple, Priestdale, Logan City

Wat Thai Buddharam, Forestdale, Logan City

Sri Lanka Buddhist Monastery, Ellen Grove, Brisbane

Queensland Buddhist Vihara, Ipswich

Brisbane Meditation Centre, Woolloowin, Brisbane

Bodhi Chan Meditation Centre, Springwood, Logan City

Vietnamese Temple, Durrack, Brisbane

**(There are about 25 to 30 temples in this area. You can locate any of them using a directory of Buddhist centers. A directory is found in Buddhanet mentioned below)**

### **RESOURCES ON THE INTERNET**

**Theravada scriptures:**

[www.metta.lk](http://www.metta.lk)

[www.accesstoinsight.org](http://www.accesstoinsight.org)

**Teaching Buddhism under RI in Queensland:**

**Buddhist Education Services for Schools**

[infobess@gmail.com](mailto:infobess@gmail.com)

**All information including Directory of Centers:**

<http://www.buddhanet.net/> has a world-wide directory, and a search for just Queensland yields 76 centres;

[http://www.buddhanet.info/wbd/search.php?keyword=&search=Search&country\\_id=18&province\\_id=4](http://www.buddhanet.info/wbd/search.php?keyword=&search=Search&country_id=18&province_id=4)

### **BUDDHIST COORDINATORS IN LOCAL AREAS**

**Gail Bell** Brisbane Bayside QLD 4183

Post codes covered:

4183 (North Stradbroke Island),



*Other areas covered:*

4160 (Ormiston)

4163 (Cleveland)

4164 (Thornlands, Victoria Point)

4165 (Redland Bay),

4178 (Wynnum),

4179 (Manly, Lota)

You can contact coordinator though [infoqsa@gmail.com](mailto:infoqsa@gmail.com)

**Mark Chappell** Gold Coast, Brisbane

You can contact coordinator through [infoqsa@gmail.com](mailto:infoqsa@gmail.com)

Mark resides in Helensvale, Gold Coast, QLD 4212

**END OF THE 9 PAGE QSA NEWSLETTER FOR SEPTEMBER 2018**

**Issued by the president of QSA, Reverend James Wilson**

**YOU ARE WELCOME TO FORWARD THIS NEWSLETTER  
TO A FRIEND WHO IS LIKELY TO BENEFIT**

**THIS NEWSLETTER IS NOT FOR PUBLIC CIRCULATION BUT FOR THE INFORMATION OF  
MEMBERS OF QSA, SUPPORTERS AND FRIENDS. PAST COPIES OF THE NEWSLETTER ARE  
PLACED IN THE CURRENT PAGE OF THE QSA WEBSITE [www.sanghaqld.org](http://www.sanghaqld.org)**

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*If you want a friend to see this newsletter please let us know*