

# QSA NEWSLETTER

*Sangha Samaggi Togetherness of the Buddhist Sangha*

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QSA WEBSITE [www.sanghaqlld.org](http://www.sanghaqlld.org)

EMAIL ADDRESS

[infoqsa@gmail.com](mailto:infoqsa@gmail.com)

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### **SHORT SAYINGS OF THE BUDDHA (SET 7 SELECTED FROM THE DHAMMAPADA)**

*'Even as rain penetrates an ill-thatched house, so does lust penetrate an under-developed mind. (Dhammapada 13)*

*'Even as rain does not penetrate a well-thatched house, so does lust not penetrate a well-developed mind. (Dhammapada 14)*

## WE CAN LEARN TO BE HAPPY AND SUCCESSFUL

Everyone yearns to be happy and successful in life. Many have found the way to happiness and success. We cannot expect someone else to find these for us. We need to discover the way and make an effort to re-discover life.

Experienced teachers of Buddhist Chaplaincy can show us the way. That is exactly what QSA provides through its chaplaincy courses. Learn the methods, try them for yourselves, and if they work learn thoroughly and test for results. Then you can teach others too.

Some of the benefits of learning Buddhist Chaplaincy are given below. It does not matter what faith you belong to. There are no fees. There is no obligation to continue with any of the courses for any length of time.

You can study from the comfort of your home or join one the course groups following occasional lectures or joining on the conference line.

## **BENEFITS OF STUDYING BUDDHIST CHAPLAINCY**

The Buddhist Chaplaincy courses will provide many pathways and opportunities to lead a happy and successful life here and now.

There are always ups and downs in life and sometimes we find it difficult to cope with them. This course enables the participants to develop effective coping mechanisms.

Mindfulness is a key underlying subject in the course. Without proper mindfulness life can become miserable. With mindfulness we can achieve higher levels of happiness and success in life generally, in family life, at work and in the community.

Mindfulness opens the door to high levels of spirituality, regardless of faith. After part 1 of the course one can seek to become a Buddhist Chaplain and render compassionate services to others in need, either privately or in an organised manner.

The practice leads to a path of purity, positivity and wholesomeness.

All this can be done while we do our studies, while we work or run our businesses and while we look after our spouses and children.

As a Buddhist Chaplain we come to associate with a whole new world of noble friends, who help promote a happy and successful life.

One of the obstacles to progress is poor attitudes and minor mental ailments. We can learn about mental ailments, their origin and control and their eradication in part 3 of the course.

While some people have chosen to follow the four parts of the course one after the other, you can choose to do any part of the course as you like. For example you may start and finish at part 1 only. You can start and finish at part 3 only if that is what you want.

You can attend lectures, or follow them via tele-conference or via internet.

For any further details please email [infoqsa@gmail.com](mailto:infoqsa@gmail.com)

## ***OPEN DAYS AND EVENTS AT BUDDHIST TEMPLES***

### **CHUNG TIAN TEMPLE SETS AN EXAMPLE!**

The Chung Tian Temple at 1034 Underwood Road, Priestdale will be holding their Cultural Open Day on Sunday, February 5. It will begin at 9:30am and continue until 2:30pm. Activities include tea ceremony, cultural performances, Lion Dance, vegetarian stalls and a Buddhist lecture. This is a wonderful opportunity to experience cultural diversity and religious harmony within a Buddhist context.

### **EVENTS AT OTHER BUDDHIST CENTERS**

**A series of educational programs will be held at the Langri Tampa Buddhist Centre from 9 to 12 February 2017. The address is 535, Old Cleveland Road, Camp Hill, Queensland 4152. For details please phone 07-3398-3310**

### **BUDDHIST CHAPLAINCY COURSE PART 1 FIFTH REPETITION**

The course will commence on 11 February 2017 at 9.30 a.m. at the Thai Temple at 1 Paradise Road, Forestdale. You can still register for the course by emailing [infoqsa@gmail.com](mailto:infoqsa@gmail.com).

People living at distances or in other countries can follow the course via the

internet.

### **HIGHER LEVELS OF THE BUDDHIST CHAPLAINCY COURSE-PART 3**

Part 3 of the Buddhist Chaplaincy course is about mental illnesses and remedies found in Buddhism. The planned venue, commencement dates and time will be notified to all registered participants

Registration remains open for those who are interested in following this course. There is no need to do parts 1 and 2 as a pre-qualification. Please address enquiries to [infoqsa@gmail.com](mailto:infoqsa@gmail.com). To register you need to send us your name and postal address, name of suburb, telephone, mobile and email address.

Details of other training and education courses conducted by QSA will be announced in this newsletter or on the website of QSA

END OF THE 4-PAGE QSA NEWSLETTER FOR FEBRUARY 2017

Compiled by Rahu Sarath-Chandra

Issued by the president of QSA, Reverend James Wilson

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WHO IS LIKELY TO BENEFIT**

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