



QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

Queensland Sangha Association Inc

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SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE DHAMMAPADA (85)

Only a few among people manage to cross over to the other shore (Nibbana).

All the others only run up and down the shore.



TEACHING BUDDHISM TO YOUTH ALTERNATIVE PRACTICAL TECHNIQUES



Many temples have experienced difficulties in teaching Buddhism to young people through the traditional methods of teaching in a classroom setting. QSA has been conducting research on this matter and is now promoting a whole gamut of novel techniques to win the hearts of youth.

If you would like to get more information, please send an email to infoqsa@gmail.com. Your support is solicited for the success of this venture.

A NEW BOOK ON ALTERNATIVE TECHNIQUES FOR TEACHING BUDDHISM TO CHILDREN AND YOUNG PERSONS

This is an entirely new approach to communication techniques to enable young people to enjoy and apply the teachings of the Buddha in day-to-day life.

It requires no formal examinations. Experiments, meditation, counselling and group projects are the main basis of the techniques.

The new techniques are expected to usher in a new era of Dhamma teaching, capable of bringing about real and beneficial changes in the attitudes and behavior of young people.

The text is built on teachings found in the Theravada texts but are of universal value. It can be easily adapted for the use of Mahayana devotees.

Temples that are already conducting Dhamma Schools every week-end, can allocate a day of the month or a few hours every week to introduce the new techniques.

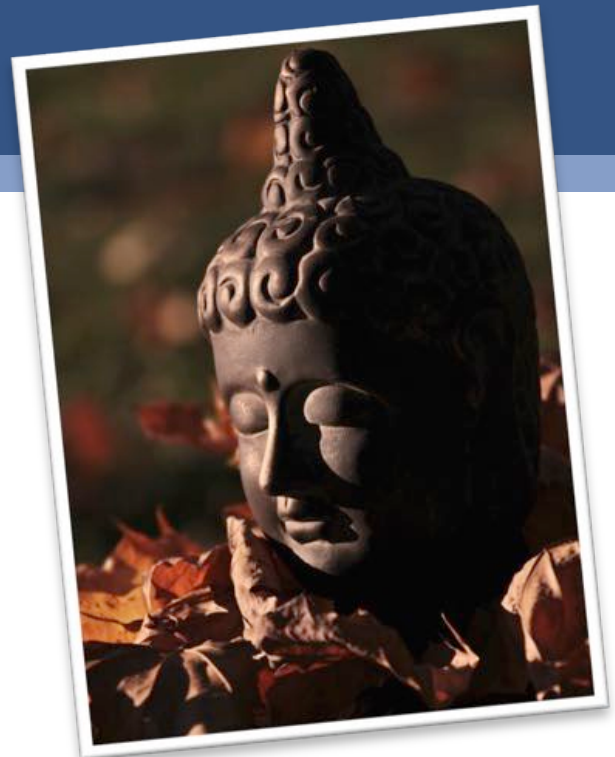
A NEW BOOK ON THE WAY TO HAPPINESS

QSA is in the process of publishing this 90-page book on the factors that lead to happiness. It is based on the Great Discourse on Blessings (Maha Mangala Sutta in Theravada). It seems that a parallel teaching is found in the Tibetan Mahayana texts and also in Vietnamese Mahayana texts.



SECOND EDITION OF DHAMMA TOPICS LISTING AWAITING RELEASE

After one year of further development, the listing of Dhamma topics, to conduct sermons, lectures, and discussions of the Dhamma, has been updated and expanded. The new edition (edition 2) is expected to be released in October 2021.



QSA GENERAL QUALIFYING COURSE IN BUDDHIST CHAPLAINCY

Ninth repetition – June/July 2021

The course for the ninth batch was completed on 11 July 2021. Details regarding the tenth presentation of the course will be announced later in this newsletter.



A NEW COURSE IN SPECIALISED BUDDHIST CHAPLAINCY

INTRODUCTION TO HOSPITAL AND END OF LIFE CHAPLAINCY COURSE

This course has commenced and was held on September 12, September 26. It will continue on October 17 and completed on October 24, 2021.



BUDDHIST FORUM 03 - PATH TO NIBBANA IN ENGLISH

Sessions on Aspects of Mindfulness Development Continuing

Sessions 19 and 20 on mindfulness were held on two Sunday afternoons in August 2021, under the guidance of Venerable Brisbane DhammaRakkhita. The talks in August dealt with Cittanupassana (mindfulness of the mind).

The next four sessions are planned to be conducted on these days:

SESSION 21	5 September 2021
SESSION 22	19 September 2021
SESSION 23	October 10
SESSION 24	October 31

Sessions are held on alternate Sundays from 2.00 pm to 5.00 pm at Sri Lanka Buddhist Monastery, 114 Considine Street, Ellen Grove, Queensland 4077 subject to health rules. The sessions are also broadcast on ZOOM.

Records are kept for reference. These talks are very clear, and easy to understand.

The ZOOM entry codes are given below:

Use the link below or the Meeting ID and password.

Meeting ID: 831 3800 2308

Password 043871

<https://us02web.zoom.us/j/83138002308?pwd=L3hyWU5TS3V5eVhkS0orU3Q1d3luUT09>

The previous recordings from the discussion can be accessed here:

https://youtube.com/playlist?list=PLiOuupX6UQZbRKQNHXq8_-wk13_uK30pl

Venerable DhammaRakkhita conducts several other programs similar to this, at the temple in Ellen Grove. Please note that this program is in ENGLISH.

No fees are charged from participants.

Each session includes 45 minutes of sitting meditation, 45 minutes of walking meditation, about 60 minutes for a talk followed by questions and answers. The talks are based on a plan and form a graded sequence.

If you want to verify a date, or any other matter, please contact Chatu Senarath or email QSA via infoqsa@gmail.com .



BUDDHIST FORUM 04 - REQUESTED TOPICS SESSION 6 WAS HELD ON 20 SEPTEMBER 2021 Full Moon Day

Buddhist Forum 04 session 6 was held on Full Moon Day of 20 September 2021. The topic was The Nine Facets of Unskilful mental states.

The full script of the session had already been issued to participants for study and comment. Comments from participants on the scripts were also issued prior to the meeting.

The ZOOM medium was used. The presentation was made by Tanuja Yasanga Sarath-Chandra, Buddhist Chaplain and discussions were led by Rahubadde Sarath-Chandra, Buddhist Chaplain. Venerable Brisbane Dhamma Rakkhita provided guidance.

Details of past sessions are:

SESSION NUMBER	TOPIC DISCUSSED
1	Right View (Samma Ditthi)
2	37 Factors of enlightenment (Part 1)
3	37 Factors of enlightenment (Part 2)
4	Obstacles to meditation and Dhamma Learning
5	Establishing Peace of Mind
6	Nine Facets of Unskilful mental states



The nine Facets of Unskilful Mental States were considered in session 6. The starting time for session 6 was 6.00 m AEST, 1.30 pm Sri Lanka time. on 20 September 2021 again a Full Moon Day. In session 7 the same topic will continue to completion and is likely to be followed by a discussion on the elimination of unskilful mental states based on Sabbasava Sutta.

The ZOOM record of the Forum can be made available to anyone interested, for a limited time.

To enter the forum please use the following link:

<https://us02web.zoom.us/j/6043658907>

For information on the session for October 2021, please email QA via infoqsa@gmail.com.

Just before the session, in case of a problem please email QSA and wait for a little for response. The email needs to reach us as early as possible.

Topics for future discussions also can be proposed by readers of this newsletter. They can choose topics from the Dhamma Topics Listing published by QSA. Copies of the list can be obtained by sending an email to QSA via infoqsa@gmail.com

There are about 32 in the mailing list as at the end of September. If you are not a registered participant currently, please join by emailing us. The choice of the medium of delivery will depend on the registered participants. The current group is entirely Sinhalese (able to speak both Sinhala and English) but we can change over to English only at the request of one or more participants.



A NEW EXECUTIVE OF QSA JAYANTHA MAHARAGE TAKES UP DUTIES



Mr. Jayantha Maharage has taken up duties as a volunteer executive of the Queensland Sangha Association Inc. Initially Jayantha (Jay) will function as an editor attached to the Buddhist Publications Division of QSA. The first publication edited by Jay is the Listing of Dhamma Topics (Edition 2) displaying several hundreds of topics that can be used by members of the Sangha and lay Dhamma teachers in giving sermons, lectures and in leading Dhamma discussions or in writing articles for magazines.

Jayantha is a mechanical engineer by profession and has been working in the field of regulatory, advisory, and consulting roles in mining, safety, risk management, for the last 30 years. He has contributed to the establishment, management, development, and growth of Buddhist organisations (including temples) in Brisbane for many years and continues to do so.

Being aware that Buddhist teachings are especially relevant and useful for coping with the challenges of the present age, he is keen to inspire others and learn more while trying to put the teachings into practice.

VACANCIES FOR VOLUNTEERS

Readers are invited to enquire about vacancies in the QSA organisation by emailing infoqsa@gmail.com. There are positions vacant in the Administration and Publications divisions.



Acknowledgements:

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You are welcome to forward this newsletter to a friend who is likely to benefit.

This newsletter is not for public circulation but for the information of members of QSA, supporters and friends.

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<http://www.sanghaqlld.org/index.php/activities/current>

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This newsletter is issued by
President of QSA, Reverend James Wilson

Queensland Sangha Association Inc

An incorporated association of Buddhist monks and nuns in Queensland, Australia. Est. 2007

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