



HAPPINESS THE BUDDHIST WAY

QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

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***SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE
DHAMMAPADA (112)***

DHAMMAPADA STANZA 112

Though one should live a hundred years idle and inactive, yet better indeed is a single day's life of one who makes an intense effort.

GRADE 1 BUDDHA DHAMMA BOOK PUBLISHED

This book which consists of 83 pages in size A4, the first of a series of 12 Buddha Dhamma books from Grade 1 to Grade 12, was published on 21 October 2023 by QSA.

The book contains about twelve, line drawings for students to colour. The lessons deal with important teachings indirectly in an enjoyable manner. It is full of activities.

It is a pleasant experience for a teacher and at the same time beneficial and pleasant for the child.

The entire book is a departure from books that are in use now.

For copies, please email infoqsa@gmail.com

FREE BOOKS AVAILABLE

PRINTED BOOKS (available in some temples)

- 1 Buddhist Chaplaincy, 182 Pages in size A4 (copies available)
- 2 Buddhist Psychology-the building blocks, First edition, 168 pages in size A5 (only a few copies available)

ELECTRONIC BOOKS (that can be emailed on request)

- 1 The Buddhist Way to Happiness (English) (Maha Mangala Sutta) ,
85 pages a4
- 2 The Buddhist Way to Happiness (Sinhala) (Maha Mangala Sutta),
91 pages A4
- 3 Practical Techniques of Teaching Buddhism to Youth, 185 pages A4
- 4 Basic Buddhist Psychology-second revised edition, 152 pages A5
- 5 Buddhist Chaplaincy, 182 pages A4
- 6 Q and A for students in grades 11 and 12, 55 pages A4

ELECTRONIC BOOKS (that are partly in website sanghaqld.org or can be emailed on request)

- 1 Lessons Bank 1, on selected Discourses, 130 Pages A4
- 2 Lessons Bank 2, on Meditation, 50 pages A4
- 3 Lessons Bank 3, on Buddha Dhamma, 105 pages A4
- 4 Lessons Bank 4, on Buddhist Psychology and Philosophy, 58 pages A4
- 5 Lessons Bank 5, on Dhamma Practice, 48 pages A4

Alphabetical Index to all 5 lesson banks (not on website yet)

Curriculum related to the lesson banks, (not on website yet)

Booklet on Teaching Techniques suggested (not on website yet)

Please email Queensland Sangha Association via email infoqsa@gmail.com

A series of twelve Buddha Dhamma books for Grades 1 to 12 are under preparation and are nearing completion. The book for Grade 1 has just been published. A team of Buddhist Counsellors enrolled with QSA are working on this project. The idea is to depart from tradition, and to make things easier for teachers as well as children. Enjoyable activities that indirectly impart deep Dhamma knowledge form the main component. Art and cultural activities get pride of place in the lower age groups.

The book for Grade2 is the next one just about to be published.

DONATIONS TO QSA

QSA runs on donations. Donations can be made through our bank account.

Heritage Bank

BSB: 638-070

Account number: 11592818

Account Name: Queensland Sangha Association

Please use your name as the payment reference and send an email with the payment details and your name to infoqsa@gmail.com

DHAMMA QUERIES ZOOM CHANNEL

Our ZOOM link will be activated when requested. Anyone may make comments or raise questions on a one-to-one basis with a senior Buddhist counsellor free of charge. Book your time by sending an email via infoqsa@gmail.com

The ZOOM link will be sent to you in reply. If you like, in the email itself, you can make your comment or raise the question briefly; we can discuss details later.

LEARNING OPPORTUNITY APPLICATION OF BUDDHIST PSYCHOLOGY IN DAILY LIFE AND IN SPIRITUAL ADVANCEMENT

Expressions of interest are invited for a 20-hour course in the application of Buddhist Psychology in daily life and in spiritual advancement. There will be no course fees.

This course is not academic or examination oriented. It is in a simple language anyone would understand. It is entirely new. The presenters are qualified and experienced in both Buddhist psychology and Western psychology.

Please inquire via email addressed to infoqsa@gmail.com

POSITION OF

HEAD OF THE BUDDHIST CHAPLAINCY DIVISION, QSA

This position has been vacant for some time. The president Reverend James Wilson has kindly consented to hold the position for the time being.

POSITION OF

HEAD OF THE BUDDHIST COUNSELLORS DIVISION, QSA

Venerable Kotte Santindriya Maha Thero has kindly consented to accept this newly created position. The venerable monk is the head of the Daham Niketanaya (a Buddhist Monastery and Meditation Centre), in Yuroka, Victoria, Australia.

SPECIAL PUBLICATION FOR BUDDHIST COUNSELLORS

From 22 July 2023, there has been a special newsletter for Buddhist Counsellors titled **ABC Information Exchange**, giving details of progress in the projects being undertaken by individual Buddhist Counsellors or small groups of Buddhist Counsellors.

Once a person enrolls as a Buddhist Counsellor with QSA, this information pack will be sent to them.

MANAGEMENT OF QSA

QSA is in its seventeenth year since inception in 2006. Committee meeting 55 was held recently. The committee is supported by about 22 executives performing various functions such as financial management, information technology, chaplaincy services, education and publications. There are many other helpers too.

There are advisors in a few divisions. The Buddhist Chaplaincy Services Board, Buddhist Counsellors Co-ordination Board, and the Buddhist Publications Advisory Board need special mention as they help the executives with advise.

A group of Buddhist Chaplains is working with QSA. A smaller group of Buddhist Counsellors, about 25 of them also work with QSA. The total of volunteers now exceeds 110.

FILM SHOW CONDUCTED BY BESS

A Film for the Benefit of All Beings



LOOKING FOR A LADY WITH FANGS AND A MOUSTACHE

a special screening

30 Nov 2023, 6.30pm

Adults \$25
Children free

New Farm Cinemas
701 Brunswick St

WRITTEN AND DIRECTED BY KHYENTSE NORBU

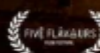
A SHATKON ARTS PRODUCTION

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THE END OF THE QSA NEWSLETTER FOR THE PERIOD OCTOBER 2023

Issued by the President of QSA, Reverend James Wilson

**YOU ARE WELCOME TO FORWARD THIS NEWSLETTER
TO A FRIEND WHO IS LIKELY TO BENEFIT**

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SUPPORTERS AND FRIENDS. PAST COPIES OF THE NEWSLETTER ARE PLACED IN THE CURRENT PAGE OF THE
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If you want a friend to see this newsletter, please let us know