



HAPPINESS THE BUDDHIST WAY

QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

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***SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE
DHAMMAPADA (113)***

DHAMMAPADA STANZA 113

Though one should live a hundred years without comprehending how things arise and pass away, yet better indeed is a single day's life of one who comprehends how all things arise and pass away.

**MEETING OF THE
ASSEMBLY OF BUDDHIST COUNSELLORS (ABC)
HELD ON 26 NOVEMBER 2023**

A meeting of the Assembly of Buddhist Counsellors (ABC) was held on 26 November 2023 with the Chairman of ABC, Venerable Kotte Santindriya presiding for the first time.

A summary of proceedings will be given in the next issue of this newsletter.

FREE BOOKS AVAILABLE

PRINTED BOOKS (available in some temples)

- 1 Buddhist Chaplaincy, 182 Pages in size A4 (copies available)
- 2 Buddhist Psychology-the building blocks, First edition, 168 pages in size A5 (only a few copies available)

ELECTRONIC BOOKS (that can be emailed on request)

- 1 The Buddhist Way to Happiness (English) (Maha Mangala Sutta) ,
85 pages a4
- 2 The Buddhist Way to Happiness (Sinhala) (Maha Mangala Sutta),
91 pages A4
- 3 Practical Techniques of Teaching Buddhism to Youth, 185 pages A4
- 4 Basic Buddhist Psychology-second revised edition, 152 pages A5
- 5 Buddhist Chaplaincy, 182 pages A4
- 6 Q and A for students in grades 11 and 12, 55 pages A4

7 Buddha Dhamma book for Grade 1

ELECTRONIC BOOKS (that are partly in website sanghaqlld.org or can be emailed on request)

- 1 Lessons Bank 1, on selected Discourses, 130 Pages A4
- 2 Lessons Bank 2, on Meditation, 50 pages A4
- 3 Lessons Bank 3, on Buddha Dhamma, 105 pages A4
- 4 Lessons Bank 4, on Buddhist Psychology and Philosophy, 58 pages A4
- 5 Lessons Bank 5, on Dhamma Practice, 48 pages A4

Alphabetical Index to all 5 lesson banks (not on website yet)

Curriculum related to the lesson banks, (not on website yet)

Booklet on Teaching Techniques suggested (not on website yet)

Please email Queensland Sangha Association via email infoqsa@gmail.com

A series of twelve Buddha Dhamma books for Grades 1 to 12 are under preparation and are nearing completion. The book for Grade 1 has just been published. A team of Buddhist Counsellors enrolled with QSA are working on this project. The idea is to depart from tradition, and to make things easier for teachers as well as children. Enjoyable activities that indirectly impart deep Dhamma knowledge form the main component. Art and cultural activities get pride of place in the lower age groups.

The book for Grade2 is the next one just about to be published.

DONATIONS TO QSA

\$ 200 donated by a participant in the Buddhist Chaplaincy course on 30 October 2023, is gratefully acknowledged.

QSA runs on donations. Donations can be made through our bank account.

Heritage Bank

BSB: 638-070

Account number: 11592818

Account Name: Queensland Sangha Association

Please use your name as the payment reference and send an email with the payment details and your name to infoqsa@gmail.com

DHAMMA QUERIES ZOOM CHANNEL

Our ZOOM link will be activated when requested. Anyone may make comments or raise questions on a one-to-one basis with a senior Buddhist counsellor free of charge. Book your time by sending an email via infoqsa@gmail.com

The ZOOM link will be sent to you in reply. If you like, in the email itself, you can make your comment or raise the question briefly; we can discuss details later.

MANAGEMENT OF QSA

QSA is in its seventeenth year since inception in 2006. Committee meeting 55 was held recently. The committee is supported by about 22 executives performing various functions such as financial management, information technology, chaplaincy services, education and publications. There are many other helpers too.

There are advisors in a few divisions. The Buddhist Chaplaincy Services Board, Buddhist Counsellors Co-ordination Board, and the Buddhist Publications Advisory Board need special mention as they help the executives with advise.

A group of Buddhist Chaplains is working with QSA. A smaller group of Buddhist Counsellors, about 25 of them also work with QSA. The total of volunteers now exceeds 110.

Published by Reverend James Wilson, the president of the Queensland Sangha Association Inc, on 30 November 2023.

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