



QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

Queensland Sangha Association Inc

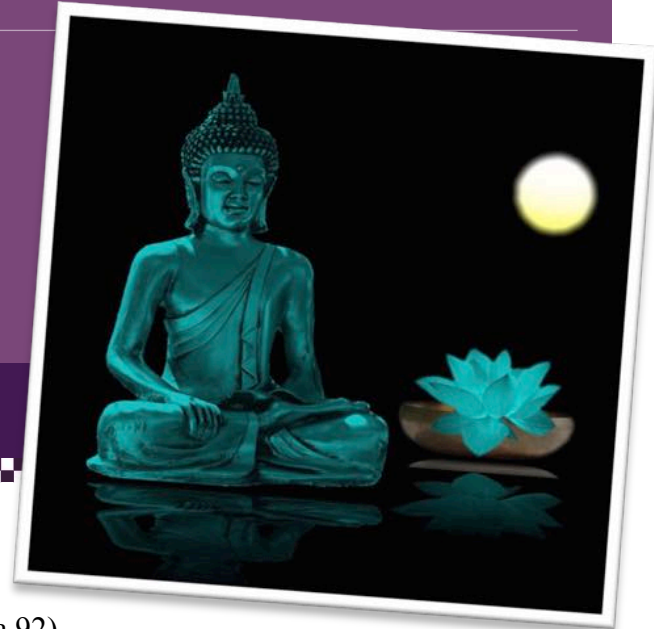
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SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE DHAMMAPADA (92)

Arahants have no accumulations when taking food, they reflect well over food. As their object, they see deliverance, which is void and signless. Their destination, like that of birds, cannot be determined.

BATCH 2 OF THE TRAINING COURSE FOR BUDDHIST COUNSELLORS

EXPECTING TO MENTOR BUDDHIST YOUTH

USING THE NEW PRACTICAL TECHNIQUES

The second batch of the training course for Buddhist Counsellors commenced on 20 March 2022 at 7.05 pm. The first session was conducted by Venerable Brisbane Dhamma Rakkhita. The topic was Right Mindfulness. It will be followed by Right Concentration on 17 March.

The ZOOM link to enter the training sessions is as follows:

<https://us02web.zoom.us/j/6043658907>

No fees are charged.

To register for future sessions please email QSA on infoqsa@gmail.com, as soon as possible.

Nominees from overseas are welcome.

As this is a qualifying course, continued professional assistance will be provided by QSA through a regular Buddhist Forum.

Notes connected to each session are issued to participants either before or after the session, directly or through the QSA Dhamma Magazine.

Every attempt will be made to record the session and hold it in a dropbox for a short time, for those who are unable to attend.

The next few sessions will cover sections of the Noble Eight-Fold Path, followed by some techniques and lessons from the DPTA lessons bank.

The qualifying course includes (1) Learning the eight items in the Noble Eight-Fold Path (2) Learning four applications of the practical teaching techniques for teaching the Dhamma to youth.

If a person is thorough with item 1 above an exemption can be requested. In item 2 at least one hour of coaching is required.

A certificate will be issued on completion of the course and after giving an undertaking to follow related professional development programs run by QSA.



QSA
BUDDHIST COUNSELLORS FORUM
 LAUNCHED

A Buddhist Counsellors Forum will be set up soon, to enable exchange of ideas among Buddhist Counsellors, and to enable continued professional education and training for Buddhist Counsellors. It will function under the aegis of the Siddhartha Institute of Buddhism, the educational arm of QSA.

Buddhist counsellors who have completed more than six topics in Forum 04 and wish to be acknowledged for their commitment may request for a certificate of achievement from QSA.

New opportunities will be made available for Buddhist Counsellors to practise Buddhism and to help others to practise. The Dhamma Practice Training Academy will be one such opportunity. Please see article below for specific details.

For a Buddhist counsellor to feel confident it is suggested that at least eight hours be devoted for learning the Noble Eight-Fold Path and at least one hour be

devoted for learning practical techniques for teaching Buddhism to young people using model lessons. Counsellors can select suitable educational courses conducted by the QSA or learn from other sources.



DPTA

DHAMMA PRACTICE TRAINING ACADEMY

This is an entirely new venture promoted by QSA to spread the teaching of the Buddha. It is aimed at young people, but it will continue to serve people of all ages. The idea is not to impart academic knowledge only but to ensure learning how to apply the teachings in daily life for worldly success, enhanced happiness and to effectively step on to the path of spirituality.

It is initially based on the internet, but it can be physically conducted in your own country in your local area too. Buddhist Counsellors are being trained to impart practical training using practical techniques.

A tentative syllabus and a curriculum to suit high school children and young adults have been drawn up. A bank of more than 100 practical teaching techniques is ready.

A bank of model practical lessons is being set up on the internet. The current plan is to have about 500 model lessons. At the time of writing about seventy simple and practical model lessons are ready to be used by Buddhist Counsellors.

You are invited to participate in this unusual and wonderful meritorious activity right now. It is for your good and the good of others. Write a short email saying that you want to engage with DPTA via infoqsa@gmail.com

There are opportunities to write and edit lessons suitable for young people and to research on new teaching techniques. Administration of DPTA also requires help.



BUDDHIST FORUM 03 - PATH TO NIBBANA IN ENGLISH

Sessions on Aspects of Mindfulness Development Continuing

This course is conducted by Venerable Brisbane Dhamma Rakkhita, a resident monk at the Sri Lanka Buddhist Monastery (Brisbane), 114 Considine Street, Ellen Grove, Brisbane, usually on every other Sunday at the monastery and on ZOOM from 2.00 p.m. for three hours.

The usual program is 45 minutes of Walking Meditation, 45 minutes of Sitting meditation and about 60 minutes for a talk on an aspect of mindfulness development. Meditation reports, questions and answers follow.

The program has continued for more than a year (about 29 sessions) and is continuing. For current details please send an email to infoqsa@gmail.com. Your emails will be passed on to the organizer Chatu Senarath.

Records are kept for reference. These talks are very clear, and easy to understand.

The ZOOM entry codes are given below: Use the link below or the Meeting ID and password.

Meeting ID: 831 3800 2308

Password 043871

<https://us02web.zoom.us/j/83138002308?pwd=L3hyWU5TS3V5eVhkS0orU3Q1d3luUT09>

The previous recordings from the discussion can be accessed here:

https://youtube.com/playlist?list=PLiOuupX6UQZbRKQNHXq8_-wk13_uK30pl

Venerable Dhamma Rakkhita conducts several other programs similar to this at the temple in Ellen Grove. Please note that this program is in ENGLISH.

No fees are charged from participants.

**RECORDINGS OF DISCUSSIONS LED BY
VENERABLE BRISBANE DHAMMA
RAKKHITA CAN BE ACCESSED ON
YOUTUBE**

These are the links to the YouTube recordings:

English:

<https://youtube.com/channel/UCtDu5oPH3h0hkMWK-HM8p5g>

Sinhala: https://youtube.com/channel/UCf4apoZc8_CL4pbgTJMC9Rg



BUDDHIST FORUM 04-REQUESTED TOPICS

From the booklet on the Path to Nibbana

SESSION 10 WAS HELD ON 20 MARCH 2022

This program is held once a month on ZOOM at a time and date set by the organiser. Only participants registered for the program (approximately 40 currently) are informed of details and receive emails and documents.

A script, about ten pages for each day is posted to all participants and ideas exchanged for about three weeks. The scripts are published in the QSA Dhamma Magazine issued on the 15th of every month after the sessions.

The presentations have been made by Tanuja Yasanga Sarath-Chandra, Buddhist Chaplain. Discussions were led by Rahubadde Sarath-Chandra, Buddhist Chaplain and Venerable Brisbane Dhamma Rakkhita.

The ZOOM record of the Forum can be made available to anyone interested, for a limited time. To enter the forum please use the following link: <https://us02web.zoom.us/j/6043658907>

For information on the session for the next month, please email QSA via infoqsa@gmail.com.

Topics discussed in recent months are:

Session

No.

- 1 Right View (Samma Ditthi)
- 2 37 Factors of enlightenment (Part 1)
- 3 37 Factors of enlightenment (Part 2)
- 4 Obstacles to meditation and Dhamma

Learning

- 5 Establishing Peace of Mind
- 6 Nine Facets of Unskilful mental states (Part 1)
- 7 Nine Facets of Unskilful Mental States (Part 2)
- 8 Elimination of unskilful mental states (Sabbasava Sutta)
- 9 The Noble Eight-Fold Path Lane 2-Right Thought
- 10 The Noble Eight-Fold Path Lane 7-Right Mindfulness
- 11 The Noble Eight-Fold Path Lane 8-Right Concentration



Topic 11 will be discussed in April 2022. It is hoped to record it. Time devoted for some of these sessions will be treated as credits in qualifying as a QSA Buddhist Chaplain.

VACANCIES FOR VOLUNTEERS

Readers are invited to enquire about vacancies in the QSA organisation by emailing infoqsa@gmail.com. There are positions vacant in the Administration and Publications divisions.

QSA also needs a specialist in the production of VIDEO CLIPS and an **IT specialist** interested in website development, to work with the current webmaster.

VIDEO PRODUCTION SPECIALIST

QSA plans to create video clips for the education of young people, using new teaching techniques published in a book recently published by QSA. Would you like to participate in the novel venture?

Please enquire immediately via infoqsa@gmail.com

DHAMMA LESSON WRITERS DHAMMA LESSON EDITORS PRACTICAL TEACHING TECHNIQUES RESEARCHERS

The QSA Dhamma Practitioners Training Academy (DPTA) needs many Dhamma Lesson writers and editors for expanding its bank of lessons. Currently there are about 70 lessons, yet to be edited. The plan is to generate about 500 lessons. As contributions are made through email, it does not matter where you are living now.

If you think you can contribute please inform QSA via email infoqsa@gmail.com

Usually, no payments are made as all services are on a volunteer basis.



MANAGEMENT COMMITTEE MEETING NUMBER 49

QSA is in its 15th year. The 49 th meeting of the committee of management was held on 27 March 2022. The 13th annual general meeting also was held on that day.

The committee consists of four monks and three lay persons. It is supported by about fourteen executives responsible for various functions. The much larger groups of advisors, consultants, and lecturers need to be remembered for their silent contribution.

The senate of the Siddhartha Institute of Buddhism, the Buddhist Chaplaincy Services Board, and the Buddhist Publications Advisory Board need special mention.

A Federal Government grant for \$ 3230 has been received for the purchase of a computer and printer for QSA. We appreciate the interest taken by Milton Dick, Federal MP for Oxley. Computer equipment will be purchased for QSA using the grant.

The Annual Report of QSA has been posted to members. Any reader may obtain a copy by request via email <mailto:infoqsa@gmail.com>.



Acknowledgements:

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This newsletter is issued by
President of QSA, Reverend James Wilson

Queensland Sangha Association Inc

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