



QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

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*SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE
DHAMMAPADA (108)*

DHAMMAPADA STANZA 108

In this world, whatever gift or alms, a person seeking merit should offer for a year, all that is not worth a single quarter of reverence towards the Upright which is excellent.

**NEW EDUCATION PROGRAM ON FAMILY PEACE
ENROLMENT OF FIRST BATCH**

Queensland Sangha Association Inc

FAMILY PEACE EDUCATION PROGRAM-DELIVERY 1

PURPOSE OF THE PROGRAM

To help participants to deal with problems disturbing peace in the family.

WHO CAN ATTEND

Anyone above 18 years. No prior qualifications are needed. If an applicant is under the care of a professional, the permission of the professional is required.

WHAT IS TAUGHT

Means of understanding why problems arise within the family

How best to avoid or solve such problems

Meditative practices helping to enhance peace between partners

How best to exit a poor partnership

MEDIUM OF DELIVERY

The program will be delivered on ZOOM in English. Enrolled participants will receive the ZOOM link to enter the sessions.

TIMETABLE

Eight Sundays 6.30 pm to 8.30 pm

COURSE DATES PLAN

20 August 2023 onwards, every Sunday, subject to necessary changes. Course dates may be changed due to unforeseen circumstances.

SYLLABUS AND TEACHING STYLE

The lectures and discussions are based on the book Family Peace published by QSA.

Each session covers about 4 chapters

Participants will study the chapters nominated for each week and bring their questions and comments to the session.

Each student will have a copy of the book (printed or electronic)

PROGRAM MANAGEMENT

The following will constitute the program management panel:

John Cartwright (Panel Chairman)

Tanuja Sarath-Chandra (presenter)

Janani Welgama (presenter)

Rahu Sarath-Chandra (moderator)

ASSESSMENT OF PROGRESS

The panel chairman will collect all feedback verbal or written and communicate with the other panel members.

At the end of the course, the assessor will collect and summarise feedback from participants to set future directions

COURSE COSTS AND EXEMPTIONS

There is no compulsory course fee. If a voluntary donation is made, \$320 is considered adequate. Anyone unable to donate at all, can ask for exemption. Members of ABC are not expected to make donations for the course. QSA runs on donations. Donations can be made through our bank account.

The Bank account of QSA is as follows:

Heritage Bank

BSB: 638-070

Account number: 11592818

Account Name: Queensland Sangha Association

Please use your name as the payment reference and send an email with the payment details and your name to infoqsa@gmail.com

At this time, the course will be advertised in the QSA Newsletter and the face book page. only.

FREE E-BOOKS AVAILABLE

PRINTED BOOKS (available in some temples)

- 1 Buddhist Chaplaincy, 182 Pages in size A4 (a few hundreds available)
- 2 Buddhist Psychology-the building blocks, First edition, 168 pages in size A5 (only a few copies available)

ELECTRONIC BOOKS (that can be emailed on request)

- 1 The Buddhist Way to Happiness (English) (Maha Mangala Sutta) , 85 pages a4
- 2 The Buddhist Way to Happiness (Sinhala) (Maha Mangala Sutta), 91 pages A4
- 3 Practical Techniques of Teaching Buddhism to Youth, 185 pages A4
- 4 Basic Buddhist Psychology-second revised edition, 152 pages A5
- 5 Buddhist Chaplaincy, 182 pages A4
- 6 Q and A for students in years 11 and 12, 55 pages A4
- 7 Dhamma book for Year 5 Primary School
- 8 Dhamma book for year 8 secondary school

ELECTRONIC BOOKS (that are partly in website sanghaqld.org or can be emailed on request)

- 1 Lessons Bank 1, on selected Discourses, 130 Pages A4
- 2 Lessons Bank 2, on Meditation, 50 pages A4
- 3 Lessons Bank 3, on Buddha Dhamma, 105 pages A4
- 4 Lessons Bank 4, on Buddhist Psychology and Philosophy, 58 pages A4
- 5 Lessons Bank 5, on Dhamma Practice, 48 pages A4

Alphabetical Index to all 5 lesson banks (not on website yet)

Curriculum related to the lesson banks, (not on website yet)

Booklet on Teaching Techniques suggested (not on website yet)

Please email Queensland Sangha Association via email infoqsa@gmail.com

HELP FOR DHAMMA SCHOOLS (HIGH SCHOOL LEVEL)

You can see the lessons or download these **FREE OF CHARGE**. Access is via the menu item **PRACTITIONERS GUIDE** on the QSA website www.sanghaqlld.org.

The lessons are arranged in five banks titled Discourses, Meditation, Dhamma, Psychology and Dhamma Practice.

A curriculum, teaching techniques and an alphabetical index are also provided by email.

You can also ask for help from a Buddhist Counsellor via email infoqsa@gmail.com, and help will be provided promptly.

Beginners who want to read about Buddhism can also use these lessons.

FAMILY PEACE BOOK

This 70-page book will be published by QSA shortly. For free copies of the e-book, please send an email to QSA on infoqsa@gmail.com. There are 35 short chapters outlining supportive information, meditative practices to improve peace in the family and coping with differences between partners.

DONATIONS TO QSA

QSA runs on donations. Donations can be made through our bank account.

Heritage Bank

BSB: 638-070

Account number: 11592818

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DHAMMA QUERIES ZOOM CHANNEL

Our ZOOM link will be active every Saturday from 2.30 pm Brisbane time. Anyone may make comments or raise questions on a one-to-one basis with a senior Buddhist counsellor free of charge. Book your time by sending an email via infoqsa@gmail.com

The ZOOM link will be sent to you in reply. If you like, in the email itself, you can make your comment or raise the question briefly; we can discuss details later.

BUDDHIST COUNSELLORS DIVISION (DIVISION 8 OF QSA)

ADVISORY BOARD SET UP

QSA has set up the following advisory Board for the newly formed division 8 for co-ordinating the work of Buddhist Counsellors:

Reverend James Wilson
Dayani de Silva
Dr. Sanka Wasalthilake
Rahubadde Sarath-Chandra

FIRST BATCH OF BUDDHIST COUNSELLORS ADMITTED

The following have been admitted as Buddhist Counsellors, as the first batch:

- 1 Reverend James Wilson
- 2 Dr. Sanka Wasalthilake
- 3 Dayani de Silva
- 4 Rahu Sarath-Chandra
- 5 Tanja Yasanga Sarath-Chandra
- 6 Lyna Chen
- 7 John A. Cartwright
- 8 Helen Kennet
- 9 Janani Welgama
- 10 Reverend Doshin Koku (Georgia Farrell)
- 11 Kumari Sellahewa
- 12 Chamath Piyabandu
- 13 Venerable A. Ariyajeewa
- 14 Chula Shyamani de Silva
- 15 Hema Alahakone
- 16 Suzanne Sim
- 17 Dr. Prashani Jayasooriya
- 18 Kithsiri Perera

You can seek admission as a Buddhist Counsellor by indicating your interest via an email to infoqsa@gmail.com

MEETINGS OF ABC (THE ASSEMBLY OF BUDDHIST COUNSELLORS)

Several meetings have been held by the advisory board and ABC to discuss setting up procedures and preparatory work of the Buddhist Counsellors Division.

At the same time members of ABC have contributed immensely to the development of a new book on Family Peace and is also planning an education course to help participants to promote peace in families.

The course is planned to begin in August 2023 with the new book providing resource material for the course.

Please see the advertisement for the course on page 2 of this newsletter.

VACANCY FOR A VOLUNTEER

HEAD OF BUDDHIST CHAPLAINCY DIVISION, QSA

This position will become vacant shortly, as the current head of the division wishes to retire. Expressions of interest are invited. The list of duties can be made available to those interested. Please indicate your interest by sending an email to infoqsa@gmail.com

MANAGEMENT OF QSA

QSA is in its seventeenth year since inception in 2006. Committee meeting 54 will be held in July 2023. The committee is supported by about 19 executives performing various functions such as financial management, chaplaincy services, education and publications. There are many other helpers too.

There are advisors in a few divisions. The Buddhist Chaplaincy Services Board, Buddhist Counsellors Co-ordination Board, and the Buddhist Publications Advisory Board need special mention as they help the executives with advise.

A group of Buddhist Chaplains is working with QSA. A smaller group of Buddhist Counsellors also work with QSA. The total of volunteers now exceeds 100.

THE END OF THE QSA NEWSLETTER FOR THE PERIOD JUNE 2023

Issued by the President of QSA, Reverend James Wilson

**YOU ARE WELCOME TO FORWARD THIS NEWSLETTER
TO A FRIEND WHO IS LIKELY TO BENEFIT**

THIS NEWSLETTER IS NOT FOR PUBLIC CIRCULATION BUT FOR THE INFORMATION OF MEMBERS OF QSA, SUPPORTERS AND FRIENDS. PAST COPIES OF THE NEWSLETTER ARE PLACED IN THE CURRENT PAGE OF THE QSA WEBSITE www.sanghaqlld.org

*If you do not want to receive this newsletter, please advise QSA via infoqsa@gmail.com
If you want a friend to see this newsletter, please let us know*