



QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

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An incorporated association of Buddhist monks and nuns in Queensland, Australia. Est. 2007

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*SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE
DHAMMAPADA (97)*

The man who is not credulous, who understands the Uncreated (Nibbana), who has cut off the links, who has put an end to occasion (good and evil), who has eschewed all desires, he indeed is a supreme man.

**NEW EDUCATIONAL
COURSE IN BUDDHISM**

QSA has launched a comprehensive course in Buddhism using internet facilities. It consists of about 300 graded lessons in five categories as follows:

Discourses of the Buddha (from the Pali scriptures)
Meditation
Buddha Dhamma
Buddhist psychology and philosophy
Dhamma Practice

Anyone in Australia or any other country can register for the course. Inquiries via email infoqsa@gmail.com are invited. Once registered you may ask for the help of a Buddhist Counsellor to guide you through the course. It would also be possible to meet counsellors via Zoom to get advice and assistance or to attend short supportive courses. Online and printed copies of books are also available.

Persons under 18 years of age, need to register with a parent. No fees are charged.

NEW FREE E-BOOKS AVAILABLE

The following e-books are available for free distribution by the QSA and can be sent by email (PDF copy). Please send an email to infoqsa@gmail.com if you receive these.

- 1 The Buddhist Way to Happiness (English)
- 2 The Buddhist Way to Happiness (Sinhala)
- 3 Practical Techniques of Teaching Buddhism to Youth

A NEW BOOK TO BE PUBLISHED BY QSA QUESTIONS AND ANSWERS IN THE DHAMMA

A book titled Questions and Answers regarding the Buddha Dhamma for high school students is ready for publication by the QSA. It is intended to publish the electronic version first and print the book shortly afterwards. More information will be available in August. QSA has set up a special fund for the printing of the books. Donations can be made to the fund.

BUDDHIST PUBLICATIONS FUND

QSA has set up a fund for the printing of Buddhist books. The “Q and A on Dhamma for Students” will be the first book to be printed. Donations will be accepted by QSA for the fund as per bank details given below:

Heritage Bank

BSB: 638-070

Account number: 11592818

Account Name: Queensland Sangha Association

Please use the payment reference “Book Fund” and send an email with the payment details and your name to infoqsa@gmail.com

FORUM FOR PRACTITIONERS OF MINDFULNESS MEDITATION FORIUM 03

Conducted by

Venerable Brisbane Dhamma Rakkhita

FORUM STRUCTURE

Preliminaries

Walking meditation (45 minutes)

Sitting meditation (45 minutes)

Dhamma sermon (about 60 minutes)

Discussion (about 30 minutes, extended on request)

The forum takes about three hours and is conducted on two days of the month at the Sri Lanka Buddhist Monastery, Ellen Grove and on ZOOM.

The ZOOM link will be sent to all registered participants.

To register please send an email to infoqsa@gmail.com quoting the forum number.

Forum Manager: Chatu Senarat

History: Running for more than two years. Most recent session 31 August 2022

Topic discussed:

Mindfulness of Phenomena in Enlightenment Factors-Concentration

**FORUM FOR
PRACTITIONERS OF
BUDDHISM
FORIUM 04**

Conducted by

Venerable Brisbane Dhamma Rakkhita

FORUM STRUCTURE

Preliminaries

Dhamma sermon (about 45 minutes) on a topic proposed by a participant

Discussion (about 30 minutes, extended on request)

The forum takes about 75 minutes and is conducted on one day of the month on ZOOM.

The ZOOM link will be sent to all registered participants.

To register please send an email to infoqsa@gmail.com quoting the forum number.

Forum Manager Tanuja Yasanga Sarath-Chandra

History: Running for more than two years

Most recent topic: All lanes of the Noble Eightfold Path taken together

Next topic: Clearing the taints of the mind (Sabbasava Sutta)

Next date: Sunday 25 September 2022, one hour from 7.00 pm

**INTRODUCTORY FORUM FOR BUDDHIST
COUNSELLORS AND DHAMMA TEACHERS**
FORUM NUMBER SIB 08

Conducted by

Tanuja Yasanga Sarath-Chandra

FORUM STRUCTURE

Teaching Techniques-Discourses of the Buddha	(Sutta)
Teaching Techniques-Meditation	(Bhavana)
Teaching Techniques-Dhamma-modern texts	(Dhamma)
Teaching Techniques-Philosophy and Psychology	(Abhidhamma)
Teaching Techniques-Dhamma Practice	(Patipada)
A and A for Clearing doubts	

The forum takes about three hours and is spread over three days on Tuesday or Thursday nights, or on Saturday afternoons.

The forum is conducted on ZOOM. The ZOOM link will be sent to all registered participants, closer to the arranged dates.

To register please send an email to infoqsa@gmail.com quoting the forum number.

History:

Commenced in February 2022
Two batches completed to date
Waiting list for batch 3 is now open

**PRACTITIONERS FORUM IN
INSIGHT (VIPASSANA) MEDITATION**
FORUM NUMBER SIB 09

Conducted by

Rahubadde Sarath-Chandra

FORUM STRUCTURE

Preparatory

Paying homage to the Buddha (Buddha Vandana)
Establishment in a selected set of precepts (sila)
Brief Reminiscence meditation on the Buddha (Buddhanussati)
Brief breathing meditation (Anapana Sati)
Establishment of mindfulness (Sati)
Discussion of experiences

Development of Vipassana Samadhi (the first two Jhanas)

Guided meditation to develop concentration (based on the six senses)
Discussion of experiences
Practice

The forum takes about one hour and is conducted on Saturday afternoons at 2.30 pm. on selected days or as requested

The forum is conducted on ZOOM. The ZOOM link will be sent to all registered participants, closer to the arranged dates.

To register please send an email to infoqsa@gmail.com quoting the forum number.

History:

Held 2 sessions to date. Participants have reported good progress.
Next tentative date: Saturday 8 October 2022

Waiting list now open

REORGANISATION OF THE QSA DOCUMENTS SYSTEM

Deputy secretary, Krishan Jayalath is working on a documentation system for QSA, to enable executives to share QSA documents with ease and economy. The new QSA computers are being geared up to organise the system. It will then be made available to approved executives for common use.

This will hopefully eliminate the dependence on individuals for useful information and the loss of valuable information with the departure of individuals due to retirement.

**POSITION OF
CHAIRPERSON OF THE BUDDHIST CHAPLAINCY
SERVICES DIVISION, QSA**

The vacancy has occurred because the incumbent from inception has moved out of Queensland.

This position is for a volunteer. However, approved reasonable expenses incurred in the discharge of duties will be re-imbursed according to prevailing rules. Expressions of interest are invited for this position. Skills in administrative services, experience and qualifications in chaplaincy, familiarity with legal principles, relationship skills, ability to work with a diverse group, will all be helpful.

You are invited to write to the President of the Queensland Sangha Association Inc. indicating interest and giving a brief about the way you think you will fit into this position.

The incumbent will have the assistance of the divisional registrar who will attend to administrative duties.

The incumbent will also liaise closely with the head of the Buddhist Chaplaincy Education Department of the Siddhartha Institute of Buddhism, the educational arm of the Queensland Sangha Association Inc.

QSA expects to receive responses before 15 September 2022. Please email QSA via infoqsa@gmail.com

Duties of the position will include the management of the group of QSA Buddhist Chaplains, promoting the welfare and professional development of chaplains, codification and development of rules for chaplains, conducting meetings of Chaplains and chairing meetings of Buddhist Chaplaincy Services Board, and the Assembly of Buddhist Chaplains, liaising with similar groups, developing new types of chaplaincy services, working towards the reduction of liabilities cast upon chaplains, and providing remunerative support for services rendered.

**POSITION NUMBER 7.1
VOLUNTEER POSITION OF BUDDHIST COUNSELLOR**

The Buddha Dhamma Lessons Bank consists of five sections, Discourses, Meditation, Dhamma, Psychology, and Dhamma Practice. Four positions of Buddhist Counsellor have been filled and we appreciate their services. We need one more person to look after the *Dhamma Practice lesson bank*.

Duties will include familiarizing with titles of lessons, getting a reasonable idea of contents, and helping email enquirers to locate lessons on topics of interest to them.

No prior qualifications are necessary, and not much time is required. Devotion and compassion are an asset.

The work is satisfying and meritorious.

Please send an email to infoqsa@gmail.com quoting the position number.

MANAGEMENT COMMITTEE MEETING NUMBER 51

QSA is in its sixteenth year since inception. Committee meeting 51 is planned for September 2022. The committee is supported by about 15 executives performing various functions such as financial management, chaplaincy services, education and publications.

The senate of the Siddhartha Institute of Buddhism, the Buddhist Chaplaincy Services Board, and the Buddhist Publications Advisory Board need special mention as they help the executives with advise.

A Federal Government grant for \$ 3230 has been received for the purchase of a computer and printer for QSA early in 2022. We appreciate the interest taken by Milton Dick, Federal MP for Oxley. Computer equipment was purchased for QSA using the grant. A special mention must go to Mr. Krishan Jayalath for his time and effort in researching the most suitable equipment to be purchased and for organising the purchase and delivery of the equipment.

BUDDHIST EDUCATION SERVICES FOR SCHOOLS (BESS)

The organisation known as BESS has been co-ordinating the activities of volunteer teachers and promoting the teaching of Buddhism in Queensland

public schools for many years. In order to maintain and expand its services to more schools, BESS is actively seeking to recruit more volunteer teachers. If you are able to help, please contact BESS directly on the details below.

BUDDHIST EDUCATION

SERVICES FOR SCHOOLS INC (BESS)



Promoting universal values for living together in peace and harmony for the happiness, health and prosperity of all

BESS recruits, trains and supports practicing Buddhists to share the wisdom of the Buddha with children in South East Queensland primary schools

••• bess.info.qld@gmail.com.au •••



Our volunteer teachers find the work immensely rewarding as they see the children's knowledge of the Buddha grow and their appreciation of the Dharma flourish.



Modern pedagogy, in-house professional development, resources and mentoring are provided to support our volunteer teachers.



We welcome those who are inspired to learn more about our important and stimulating work for the Dharma to contact us for further details.

BESS does and just how amazing it is to share the Dharma with children.

RSVP to bess.info.qld@gmail.com and let us know you are coming on the day.

THE END OF THE QSA NEWSLETTER FOR THE PERIOD AUGUST 2022
Issued by the President of QSA, Reverend James Wilson

YOU ARE WELCOME TO FORWARD THIS NEWSLETTER TO A FRIEND WHO IS LIKELY TO BENEFIT

THIS NEWSLETTER IS NOT FOR PUBLIC CIRCULATION BUT FOR THE INFORMATION OF MEMBERS OF QSA, SUPPORTERS AND FRIENDS. PAST COPIES OF THE NEWSLETTER ARE PLACED IN THE CURRENT PAGE OF THE QSA WEBSITE www.sanghaqld.org

*If you do not want to receive this newsletter, please advise QSA via infoqsa@gmail.com
If you want a friend to see this newsletter, please let us know*