



QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

Queensland Sangha Association Inc

108 Eric Street, Goodna, Queensland 4300, Australia.

Website: <http://www.sanghaqlld.org>

Email: <mailto:infoqsa@gmail.com>

Facebook: <https://www.facebook.com/sanghaqlld/>

ABN 56 506 052 172



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SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE DHAMMAPADA (84)

*Neither for the sake of oneself nor for the sake of another, does a wise man do any wrong.
He should not desire son, wealth or kingdom by doing wrong, or by unjust means. He
should not seek his own success. Then only is he virtuous., wise and righteous.*

RESIDENTIAL FACILITIES FOR MEDITATORS IN A BEAUTIFUL SURROUNDING

This is Daham Niketanaya in Yuroke, North Victoria. A beautiful place for the practice of meditation. It has residential facilities too.



A reader can get a good idea of the facility, by clicking on the two links given below.

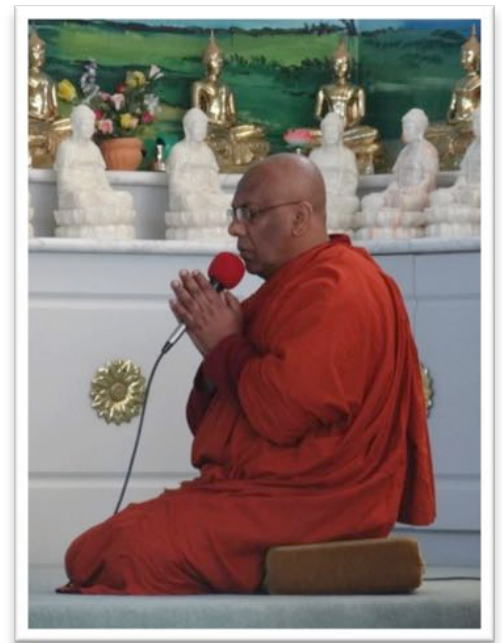
The stupa (reliquary) in Daham Niketanaya, Yuroke, Victoria.

Maithree - My journey of seeking true happiness in life <https://www.youtube.com/watch?v=c1ydjOXAqiA>

DahamNiketanya Official Youtube Channel <https://www.youtube.com/c/DahamNiketanya>



Venerable Kotte Santindriya of Daham Niketanaya is the chief resident monk in the monastery, erudite in the Dhamma, and guiding others in Dhamma and in Meditation.



QSA General Qualifying Course in Buddhist Chaplaincy Ninth repetition – June/July 2021

The course for the ninth batch was completed on 11 July 2021. Details regarding the tenth presentation of the course will be announced later in this newsletter.

INTRODUCING BUDDHIST CHAPLAINCY FOR YOUTH

SOME NOVEL CONCEPTS

A new book on **Buddhist Chaplaincy for Youth** will soon be published by the Queensland Sangha Association Inc. The book is written by **Rahubadde Sarath-Chandra**, who previously wrote the first book on **Buddhist Chaplaincy** (being used currently as the text book for General Qualifying Course in the Buddhist Chaplaincy,) and **Tanuja Yasanga Sarath-Chandra**.

An inside back cover note of the new book is reproduced below to give readers an idea of the background of the book and the related training course.

The book is full of methods for communicating the thinking in Buddhism in a practical way to help young people to learn Buddhist principles through group work, field work, research, and other interesting ways. The book is ideal for parents having children in high school and tertiary institutions.

The book also includes a suggestion for a training course to equip Dhamma Teachers, Buddhist Chaplains, and the Sangha in new methods of Dhamma communication.



Pre-publication Exposure of an insert of the book “Buddhist Chaplaincy for Youth”

Information for Parents and Youth Chaplains about this book.

According to the census conducted in 2020 Australia is home to a diverse collection of people. The following statistics regarding religions are interesting:

Islam	600,000
Buddhist	560,000
Hindu	440,000
Sikhism	130,000
Judaism	90,000

It is worth noting that Buddhists and Hindus have many shared values. A few Hindu children are known to attend Buddhist Dhamma schools. The total of adherents of both religions total to one million. Because there are 560, 000 Buddhists, they have responsibilities as a prominent section of the population. One of these is the proper education of Buddhist children and young adults.

General education at primary level is the responsibility of government. Regarding secondary education, there are no Buddhist secondary schools. For tertiary

education Buddhists have the Nan Tien Institute, at the university level.

There is a special need at ages from about 12 years to about 30 years. Young adults up to about thirty years will benefit by learning the paratactical applications of Buddhist principles. A Buddhist youth chaplaincy service, working with the help of temples and Dhamma teachers is the answer. This book attempts to promote such a service.

The service will be conducted through practical learning rather than academic learning. Academic learning imparted in temples is assumed as a working basis. It will be suitable for both Buddhista and Hindus.

Although both authors belong to Theravada, the tasks suggested in chapters 5, 6 and 7 are adaptable to Chinese Mahayana and Tibetan Mahayana traditions. Principles used in the book are common to all traditions. The commonality will be brought out in



the youth chaplaincy training programs.

This new direction, it is hoped, will create a powerful young generation of Buddhist youth. It would greatly benefit Australia. Input from parents, Sangha and Dhamma teachers is most welcome.

The programs are adaptable to all countries where Buddhism is practised. An extension to all countries is envisaged. It can be easily adapted for Hindus.

The support of monks and nuns, temples and monasteries, Buddhist associations, Buddhist Councils, other Buddhist organisations, Buddhist chaplains, Dhamma teachers and parents is earnestly solicited in this movement in the interests of young people and Buddhism as a whole.



A NEW COURSE IN SPECIALISED BUDDHIST CHAPLAINCY

INTRODUCTION TO HOSPITAL AND END OF LIFE CHAPLAINCY COURSE

(100 Hours)

This course aims to provide some basic training for Buddhist & Inter-Faith chaplains who are currently engaged in hospital and end-of-life care (in hospitals, hospices, aged care and in-home environments) or who want to volunteer in this area in the future.

The topics to be covered in this course include:

- Different models of chaplaincy in hospitals, hospices, aged care and home environments; scope, limits and ethical considerations in chaplaincy work in these contexts
- Identifying and assessing needs for supporting people (plus their families and carers) who are in hospital and/or at end of life
- Trajectories of aging, sickness and death;
- Grief and loss; patterns of bereavement
- Cultivating Presence - communication skills for chaplains
- differences and sensitivities within Buddhist communities (and in the Queensland community generally) in relation to aging, sickness and death
- Buddhist and Inter-Faith resources (texts, rituals and practices) for supporting people who are aged, sick, dying and bereaved; Buddhist approaches to end of life and death
- self-care for chaplains.

The course will involve 16 hours of class attendance in Brisbane for: short lectures on key topics; discussion of required readings; practising communication skills; discussion and practise of Buddhist and inter-faith rituals (blessings, end-of-life care etc).

In addition, students will also be required to complete an additional 80-100 hours of work in their own time: reading in preparation for class discussion, completing internet research, writing a spiritual biography, writing a review of a book or journal article, and completing a final take-home exam paper.

This course will involve 20 hours of class attendance (9am to 1pm) in Brisbane on the following dates: September 12, September 26, October 17 and October 24.

Entry Requirements for Buddhist Chaplaincy 102:

- Completion of the Queensland Sangha Association's Qualifying Course in Buddhist Chaplaincy OR equivalent (eg counselling training) OR practical experience in hospital and end of life care

- A good level of written and spoken English. The course includes reading and discussion of English-language texts (some of which may be quite challenging) as well as written assignments. However, additional support is available for students for whom English is a second language.

For the full information package about this course – including how to apply for enrolment please email

Dr Barbara Sullivan at barbara.sullivan4005@gmail.com

The information pack outlines the following:

Course overview

Class dates and hours

Admission requirements

Course assessments

Course fees

How to apply

Details of course teachers

All the course teachers are Buddhist Chaplains registered with QSA. The venue will be notified to registered participants in due time.

BUDDHIST FORUM 03 - PATH TO NIBBANA IN ENGLISH

Sessions on Aspects of Mindfulness Development Continuing

Sessions 19 and 20 on mindfulness were held on two Sunday afternoons in August 2021, under the guidance of Venerable Brisbane DhammaRakkhita. The talks in August dealt with Cittanupassana (mindfulness of the mind).

The next four sessions are planned to be conducted on these days:

SESSION 21	5 September 2021
SESSION 22	19 September 2021
SESSION 23	October 10
SESSION 24	October 31

Sessions are held on alternate Sundays from 2.00 pm to 5.00 pm. at Sri Lanka Buddhist Monastery, 114 Considine Street, Ellen Grove, Queensland 4077 subject to . The sessions are also broadcast on ZOOM.

Records are kept for reference. These talks are very clear, and easy to understand.

The ZOOM entry codes are given below:

Use the link below or the Meeting ID and password.

Meeting ID: 831 3800 2308

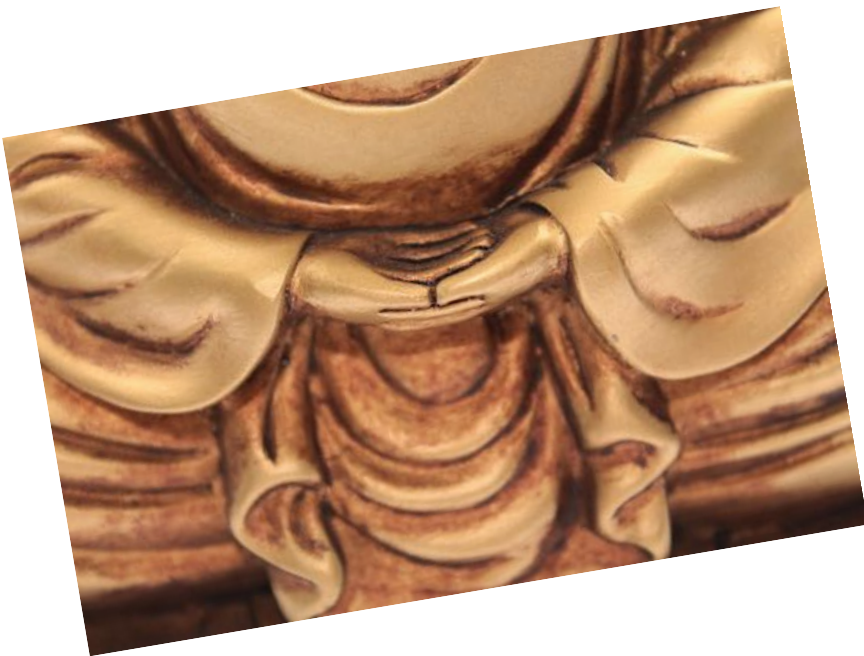
Password 043871

<https://us02web.zoom.us/j/83138002308?pwd=L3hyWU5TS3V5eVhkS0orU3Q1d3luUT09>

The previous recordings from the discussion can be accessed here:

https://youtube.com/playlist?list=PLiOuupX6UQZbRKQNHXq8_-wk13_uK30pl

Venerable DhammaRakkhita conducts several other programs similar to this, at the temple in Ellen Grove. Please note that this program is in ENGLISH.



No fees are charged from participants.

Each session includes 45 minutes of sitting meditation, 45 minutes of walking meditation, about 60 minutes for a talk followed by questions and answers. The talks are based on a plan and form a graded sequence.

If you want to verify a date, or any other matter, please contact Chatu Senarath or email QSA via infoqsa@gmail.com

BUDDHIST FORUM 04 - REQUESTED TOPICS SESSION 5 WAS HELD ON 22 AUGUST 2021 Full Moon Day

Buddhist Forum 04 session 5 was held on Full Moon day of 22 August 2021. The topic was the Establishing Peace of Mind.

The full script of the session had already been issued to participants for study and comment. Comments from participants on the scripts were also issued prior to the meeting.

The ZOOM medium was used. The presentation was made by Tanuja Yasanga Sarath-Chandra, Buddhist Chaplain and discussions were led by Rahubadde Sarath-Chandra, Buddhist Chaplain. Venerable Brisbane Dhamma Rakkhita provided guidance.

Details of past sessions are:

SESSION NUMBER	TOPIC DISCUSSED
1	Right View (Samma Ditthi)
2	37 Factors of enlightenment (Part 1)
3	37 Factors of enlightenment (Part 2)
4	Obstacles to meditation and Dhamma Learning
5	Establishing Peace of Mind

Establishing Peace of Mind, was considered under five sub-topics. The starting time for session 5 was 4.45 pm AEST, 12.15 Sri Lanka time. The time can change next month.

The ZOOM record of the Forum can be made available to anyone interested, for a limited time.

To enter the forum please use the following link:

<https://us02web.zoom.us/j/6043658907>

In case of a problem please email infoqsa@gmail.com and wait for a little for response. The email needs to reach us as early as possible.

*Topics for future discussions also can be proposed by readers of this newsletter. A few topics have been requested but there is room for more. It will be easy to pick topics from the list titled *The Pathway to Nibbana*, which can be obtained from QSA by emailing via infoqsa@gmail.com.*

There are about 25 In the mailing list as at the end of July. If you are not a registered participant currently, please join by emailing us. The choice of the medium of delivery will depend on the registered participants. The current group is entirely Sinhalese (able to speak both Sinhala and English) but we can change over to English only at the request of one or more participants.



QSA BUDDHIST FORUM 05

Factors Contributing to Worldly Happiness

QSA is planning to commence this Buddhist Forum to discuss the factors that contribute to worldly happiness. These factors are often called Blessings and are assembled in the Great Discourse on blessings (Maha Mangala Sutta).

A sample of sub-topics, which would be about 40, is shown here:

- The choice of Noble Friends
- Selecting a good place to live in
- Accumulating merit for the future
- Showing respect to those worthy of respect

Scripts will be generated covering each sub-topic, and these will be discussed at the forum. If you would like to lead discussions or participate, please let us know. The scripts will be sent before discussions to every registered participant.

Readers are invited to comment on the usefulness of this forum. The current idea is to conduct the forum once a month for one hour on ZOOM. You can also register for the course now.

Please email to QSA via infoqsa@gmail.com or telephone Rahu on 07-3278-9021.

So far, the following have agreed to be on the forum panel:

- Venerable Kumara Kashyapa
- Rahubadde Sarath-Chandra
- Tanuja Yasanga Sarath-Chandra



QSA Newsletter - Announcements



**VENERABLE BRAHMAVANSO
IS 70 YEARS OLD
HAPPY BIRTHDAY TO YOU!**

Ajahn Brahm was 70 years on 7 August 2021. Venerable Brahmavanso is well known for his teachings and his style of teaching. He hails from Great Britain and normally resides in a Forest Monastery in Western Australia. His services to the Buddhist dispensation (Buddha Sasana) in Australia is acknowledged by all.



DR. SANKA WASALTHILAKE TAKES UP POSITION OF CHAIRMAN, QSA BUDDHIST PUBLICATIONS DIVISION



QSA is happy to welcome Sanka as the head of the QSA Buddhist Publications Division, and the leader of a group of dedicated writers, editors, designers, and others who have devoted their time and energy for many years for the success of a worthy cause.

QSA Buddhist Publications Division is responsible for a monthly Dhamma Magazine, a Monthly Newsletter, a book on Buddhist Chaplaincy (a printed version and an e-version), a book titled A Guide to Practical Buddhism, a Q and A book for students, and a few more books currently under preparation.

Sanka obtained a degree in Buddhism from the Peradeniya University in Sri Lanka. He was a fully ordained Theravada monk for over 18 years. He conducted his post graduate research in Buddhism at the University of Queensland, visiting many other places of learning, and was awarded the Ph.D. in Buddhism in the year 2014.

He has been on the academic staff of the University of Queensland, St Lucia, Nantien Institute (the Buddhist University in New South Wales) in Wollongong and the Sri Lanka International Buddhist Academy (SIBA) Kandy, Sri Lanka.

Sanka brings a wealth of devotion, knowledge, and experience for the advancement of the Buddhist Dispensation.

VACANCIES FOR VOLUNTEERS IN THE BUDDHIST PUBLICATIONS DIVISION OF QSA

There are opportunities for the following in the QSA Buddhist Publications Division, due to an expanding program of work:

- 1 An Adviser in Journalism or similar position
- 2 A Designer for publications (current need is for the Dhamma Magazine, and several books about to be published by QSA)

Both positions will report to the Chairman of the Division. Please indicate your interest initially via infoqsa@gmail.com.

A discussion with an executive can be arranged later.

It is also envisaged to set up an advisory board consisting of a few persons with good knowledge and experience in relation to the Dhamma.



THE POSITION OF DEPUTY SECRETARY (2) OF QSA NEEDS TO BE FILLED

The position of Deputy Secretary (2) continues to be vacant. Some management skills are necessary. The duty list can be obtained from QSA by emailing via infoqsa@gmail.com.

Acknowledgements:

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You are welcome to forward this newsletter to a friend who is likely to benefit.

This newsletter is not for public circulation but for the information of members of QSA, supporters and friends.

Past copies of the newsletter are placed under current activities of the QSA website:

<http://www.sanghaqlld.org/index.php/activities/current>

To unsubscribe from or subscribe to this newsletter, please kindly advise QSA via <mailto:infoqsa@gmail.com>.

This newsletter is issued by
President of QSA, Reverend James Wilson

Queensland Sangha Association Inc

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108 Eric Street
Goodna
Queensland 4300
Australia