

## **QSA NEWSLETTER**

Sangha Samaggi Togetherness of the Buddhist Sangha

### **Queensland Sangha Association Inc**

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### SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE DHAMMAPADA (90)

For him who has completed the journey, for him who is sorrowless, for him who is completely free from everything, for him who has destroyed all ties, the fever of passion does not exist.

### FIRST TRAINING COURSE FOR DHAMMA COUNSELLORS

**EXPECTING TO TEACH BUDDHISM TO YOUTH** 

### **USING THE NEW PRACTICAL TECHNIQUES**

This course is scheduled to be conducted on February 12, 19 and 26 on Zoom. Eight persons are listed to attend and there are a few more vacancies. Each day the course will commence at 1.00 pm and conclude at 3.00 pm (Brisbane time). The course will be conducted by the two authors of the book Practical Techniques for Teaching Buddhism to Youth.

The ZOOM link to enter the training sessions is as follows: <a href="https://us02web.zoom.us/j/6043658907">https://us02web.zoom.us/j/6043658907</a>

No fees are charged.

To register please email QSA on <u>infoqsa@gmail.com</u>, as soon as possible.

Nominees from overseas will be welcome.



## A NEW BOOK ON THE BUDDHIST WAY TO HAPPINESS

QSA is in the process of publishing this 90-page book on the factors that lead to happiness. It is based on the Great Discourse on Blessings (Maha Mangala Sutta in Theravada). It seems that a parallel teaching is found in the Tibetan Mahayana texts and in Vietnamese Mahayana texts. Readers are invited to advise QSA on this matter. The initial issue will be as an electronic book. Editing is nearly complete.

The book has been translated into Sinhala, the main language spoken in Sri Lanka.

Readers may request for electronic or printed copies by sending an email to <a href="mailto:infoqsa@gmail.com">infoqsa@gmail.com</a>.

The book will be particularly handy when teaching young people and when Samanera (novice) monks and nuns are trained.





### **BUDDHIST FORUM 03 - PATH TO NIBBANA IN ENGLISH**

**Sessions on Aspects of Mindfulness Development Continuing** 



This course is conducted by Venerable Brisbane Dhamma Rakkhita, a resident monk at the Sri Lanka Buddhist Monastery (Brisbane), 114 Considine Street, Ellen Grove, Brisbane, usually on every other Sunday at the monastery and on ZOOM from 2.00 p.m. for three hours.

The usual program is 45 minutes of Walking Meditation, 45 minutes of Sitting meditation and about 60 minutes for a talk on an aspect of

mindfulness development. Meditation reports, questions and answers follow.

The program has continued for more than a year (about 27 sessions) and is continuing. For current details please send an email to <a href="mailto:infoqsa@gmail.com">infoqsa@gmail.com</a>. Your emails will be passed on to the organizer Chatu Senarath.

Records are kept for reference. These talks are very clear, and easy to understand.

The ZOOM entry codes are given below:

Use the link below or the Meeting ID and password.

Meeting ID: 831 3800 2308

Password 043871

https://us02web.zoom.us/j/83138002308?pwd=L3hyWU5TS3V5eVhkS0orU3Q1d3luUT09

The previous recordings from the discussion can be accessed here: https://youtube.com/playlist?list=PLiOuupX6UQZbRKQNHXq8 -wk13 uK30pl

Venerable Dhamma Rakkhita conducts several other programs similar to this at the temple in Ellen Grove. Please note that this program is in ENGLISH.

No fees are charged from participants.

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## **BUDDHIST FORUM 04-REQUESTED TOPICS**From the booklet on the Path to Nibbana SESSION 9 WILL BE IN FEBRUARY 2022

This program is held once a month on ZOOM at a time and date set by the organiser. Only participants registered for the program (approximately 40 currently) are informed of details and receive emails and documents.

A script, about ten pages for each day is posted to all participants and ideas exchanged for about three weeks. The scripts are published in the QSA Dhamma Magazine issued on the 15<sup>th</sup> of every month after the sessions.



The presentations have been made by Tanuja Yasanga Sarath-Chandra, Buddhist Chaplain and Jayantha Maharage. Discussions were led by Rahubadde Sarath-Chandra, Buddhist Chaplain. Venerable Brisbane Dhamma Rakkhita provided guidance and advice. Many others have contributed.

The ZOOM record of the Forum can be made available to anyone interested, for a limited time. To enter the forum please use the following link: <a href="https://us02web.zoom.us/j/6043658907">https://us02web.zoom.us/j/6043658907</a>

For information on the session for the next month, please email QSA via <a href="mailto:infoqsa@gmail.com">infoqsa@gmail.com</a>. Topics covered in the first nine sessions are:

TODIC DISCUSSED IN DECENT MONTHS

NUMBER	TOPIC DISCUSSED IN RECENT MONTHS
1	Right View (Samma Ditthi)
2	37 Factors of enlightenment (Part 1)
3	37 Factors of enlightenment (Part 2)
4	Obstacles to meditation and Dhamma Learning
5	Establishing Peace of Mind
6	Nine Facets of Unskilful mental states (Part 1)
7	Nine Facets of Unskilful Mental States (Part 2)
8	Elimination of unskilful mental states (Sabbasava Sutta)
9	The Noble Eight-Fold Path (Part 1) - Lanes 1 and 2

In the session to be held in February, Right Thought will be discussed.

#### **VACANCIES FOR VOLUNTEERS**

Readers are invited to enquire about vacancies in the QSA organisation by emailing <a href="mailto:infoqsa@gmail.com">infoqsa@gmail.com</a>. There are positions vacant in the Administration and Publications divisions.

## VOLUNTEER POSITION OF VIDEO PRODUCTION SPECIALIST, QSA

QSA also needs a specialist in the production of VIDEO CLIPS and an IT specialist interested in website development, to work with the current webmaster

QSA plans to create video clips for the education of young people, using new teaching techniques published in a book recently published by QSA. Would you like to participate in the novel venture?

Please enquire immediately via <a href="mailto:infoqsa@gmail.com">infoqsa@gmail.com</a>

### MANAGEMENT COMMITTEE MEETING NUMBER 49

QSA is in its 15th year. The 49th meeting of the committee of management will be held in March 2022.

The committee consists of four monks and three lay persons. It is supported by about fourteen executives responsible for various functions. The much larger groups of advisors, connsultants, and lecturers need to be remembered for their silent contribution.

The senate of the Siddhartha Institute of Buddhism, the Buddhist Chaplaincy Services Board, and the Buddhist Publications Advisory Board need special mention.

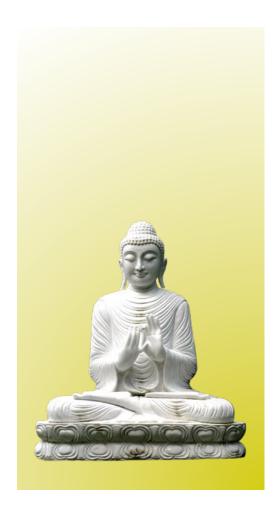
A Federal Government grant for \$3230 has been received for the purchase of a computer and printer for QSA.

### Acknowledgements:

All images are downloaded under Pixabay Free License online website.



### **VINITHA SARATH-CHANDRA PASSES AWAY**



A benefactor of the QSA from inception, Mrs. Vinitha Sarath-Chandra passed away on the 23rd of January 2022 at the age of 83.

Her services and support have been most helpful in establishing and maintaining several temples in Brisbane, including the Sri Lanka Buddhist Monastery (Brisbane), Ellen Grove.

She was president of that temple in 1997 when she led the supporters in acquiring the property of the temple at 114 Considine Street, Ellen Grove, making incredible sacrifices, both personally and financially.

Vinitha leaves behind her husband Rahubadde Sarath-Chandra and son Tanuja Yasanga Sarath-Chandra, both long-term supporters of the QSA.

No funeral was held as the body had been donated to the Anatomy department of the Queensland University of Technology.





# You are welcome to forward this newsletter to a friend who is likely to benefit.

This newsletter is not for public circulation but for the information of members of QSA, supporters and friends.

Past copies of the newsletter are placed under current activities of the QSA website: http://www.sanghaqld.org/index.php/activities/current

To unsubscribe from or subscribe to this newsletter, please kindly advise QSA via mailto:infoqsa@gmail.com.

This newsletter is issued by President of QSA, Reverend James Wilson

