



QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

Published by the Queensland Sangha Association Inc

An incorporated association of Buddhist monks and nuns in Queensland, Australia. Est. 2007

108 Eric Street, Goodna, Queensland 4300 [ABN 56 506 052 172]

QSA WEBSITE www.sanghaqlld.org

EMAIL ADDRESS infoqsa@gmail.com

6 May 2018

CONTENTS

PAGE	DESCRIPTION
1	Short sayings of the Buddha (Dhammapada stanzas 37)
2	EDUCATIONAL SERVICES
2	Q and A Session on Memories and 'Realities' by Ven. T. Anandasiri
2	Qualifying Course in Buddhist Chaplaincy (continuing)
3	Research Program on the Self-Idea by Dr. Sanka Wasalthilleke (based on the Theravada Tripitaka)
4	Course on Teaching Meditation for Buddhist Chaplains
5	Community Consultations on Buddhism
6	Vesak Celebrations in the Myanmar Temple, Ellen Grove
6	Vesak Cultural Show at Acacia Ridge State School organized by the Temple in Goodna on 26 May

SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE DHAMMAPADA

*Faring far wondering alone, bodiless, lying in a cave is the mind. Those who subdue it are freed from the bond of Mara.
(Dhammapada 37)*

EDUCATIONAL SERVICES

Q and A Session on ‘Memories’ and ‘Realities’ by Venerable T. Anandasiri (visiting teacher from Sri Lanka)

When we experience dis-satisfaction it is useful to discern whether we are concerned about something that is actually out there or is it that we are worrying about what we remember. Quite a lot of our suffering is because we do not bother to distinguish between the two. Venerable Anandasiri makes this point when questions are raised by participants in connection with experiences that caused pain of mind.

The Q and A session is organized by Mr. Arjuna Dissanayake and will be in English.

All are welcome to attend the Q and A session from 9.00 am to 11.30 am on Saturday 19 May 2018 at the Sri Lanka Monastery, 114 Considine Street, Ellen Grove, QLD 4077, from 9.00 am to 11.30 am.

The program will form part of a longer program.

Qualifying Course in Buddhist Chaplaincy (SIB 001-Delivery 6)

Delivery 6 of this course has begun. Remaining scheduled dates are as follows:

Sunday May 13
Sunday May 20
Sunday June 3

Participants will be notified about the venue and other details.

The first two sessions were held on March 4 and 11. Special arrangements have been made in regard to three participants from Cairns and Innisfail.

Research program on the Self-Idea (based on Theravada Scriptures)

Some details about this program are given below. It will be conducted from 2.00 pm to 4.00 pm on Sunday 17 June 2018 at the Sri Lanka Monastery, 114 Considine Street, Ellen Grove, QLD 4077.

In a program like this, seats will be limited. Please indicate your interest by sending an email to:

infoqsa@gmail.com

as soon as possible. The sort of things that will come up in the program is indicated here.

What is the self-idea (Sakkaya Ditthi)? What is its relevance to attaining enlightenment?

What did the Buddha say about the Self-Idea? Do we need to get rid of it immediately? Even if we need to can we do it? Do we have the self-Idea? What should we do with it?

How do we use the self-idea for spiritual progress?

What aspects of the self-idea should we reduce or dissolve and how do we do it?

These are some of the questions for which we seek answers. Dr. Sanka Wasalthilake has been invited to guide us in this research. Sanka is from Peradeniya, Sri Lanka. He was a monk residing at the Sri Subodharamaya until he moved to the Ellen Grove monastery in the year 2004. While in Sri Lanka he completed his basic degree including Pali at the University of Peradeniya.

Later he completed a doctorate in Buddhism through the University of Queensland. He left the robes sometime later. His research for the doctorate included certain aspects of Tika literature of the Pali Tipitaka.

Course on Teaching Meditation for Buddhist Chaplains (SIB 006)

This one-day course is primarily for Buddhist Chaplains registered by the QSA. However, anyone who is interested in chaplaincy or meditation may also apply to attend.

The course will be taught in a collaborative style with participants sharing their knowledge and experience.

The first section of the course will explore approaches to meditation in all the main Buddhist traditions. Participants will have the opportunity to teach a short meditation (seated, walking or chanting) from their own tradition and to experience the forms used in other traditions.

The second part of the course will engage specific case studies in order to explore how meditation might be used (or not) by Buddhist chaplains in their service/helping work. Buddhist chaplains are involved in a wide variety of volunteer work in Queensland at present including: supporting people who are facing life difficulties (relationship problems, family conflict, bereavement, unemployment and work stress, etc.); caring for the sick, elderly and dying; providing pastoral care in hospitals and prisons; running meditation practice groups (in workplaces and universities); guiding school children and university students; and supporting communities in times of conflict or natural disaster. The case studies selected will examine a range of scenarios that might be encountered by Buddhist chaplains in these areas, exploring how, why and when to teach meditation – and when to use other approaches.

In the third part of the course, we will examine together some of the challenges and difficulties that can be encountered in 'teaching meditation'.

This course will run from **9am to 4pm on Saturday 11th August** (venue to be determined). Further sessions will be organized after this date if participants want to continue practicing and learning together.

The course is freely offered (there is no fee) although a small donation to the QSA to cover costs is requested for those who are waged. The course convenor is Dr Barbara Sullivan – barbara.sullivan4005@gmail.com. Please contact Dr. Sullivan if you have any questions, advice or comments about the course content.

Applications for enrolment in this course can be sent to the QSA – infoqsa@gmail.com. Please include the following in your application: your name and contact details (phone and email); your training and experience in chaplaincy (if any); the group, temple or Buddhist tradition you practice in; your background and experience in meditation.

COMMUNITY CONSULTATIONS ON BUDDHISM BY FABC Hosted by the BCQ

Buddhist Council of Queensland Inc

Hello everyone,

Following our recent email about this important meeting of the Queensland Buddhist Community, Sunday, 10th June, 2018 is the confirmed date for the Federation of Australian Buddhist Councils (FABC) sponsored community consultations. The "Flyer" from FABC's facilitator Mr. Brian White is attached.

The time table is;

- Arrival at Bodhi Chan Meditation Centre 10:00am**
- Commence meeting 10:30am**
- Lunch (Vegetarian) 12:30pm**

A Donation will be offered to the Bodhi Chan Meditation Centre, Springwood, (directions below) for the use of their meeting facilities and a Vegetarian Lunch. Please assist us by confirming your attendance, so we can finalise the catering arrangements with Bodhi Chan. If you have already confirmed you attendance, we look forward to seeing you on the 10th June, 2018.

The BCQ will hold a General Meeting after Lunch for those interested in attending. New Membership Applications recently received will be confirmed at this meeting.

With Metta

Maeve Hollow

Secretary

Buddhist Council of Queensland Inc.

M: +61 422 819 379 or 0418 190 830

E: buddhist_council@hotmail.com

W: www.buddhistcouncilofqueensland.org

FB: <https://www.facebook.com/queenslandbuddhism/>

VESAK CELEBRATIONS AT THE MYANMAR TEMPLE ELLEN GROVE, BRISBANE, QLD 4077



VESAK FESTIVAL 2018 AT ACACIA RIDGE, BRISBANE

A “Vesak cultural show-a Sri Lankan Experience” will be organized by the Buddhist Vihara of Queensland in collaboration with the Brisbane City Council on Saturday 26th May 2018 at the Acacia Ridge State School, Nyngam Street, Acacia Ridge, Queensland 4100, starting at 6.00 p.m. The event will take about 2

hours. Admission is free and food will be available. Enquiries 3818-8806 (Venerable Sugathasara).

END OF THE 7 PAGE QSA NEWSLETTER FOR MAY 2018

Issued by the president of QSA, Reverend James Wilson

**YOU ARE WELCOME TO FORWARD THIS NEWSLETTER
TO A FRIEND WHO IS LIKELY TO BENEFIT**

**THIS NEWSLETTER IS NOT FOR PUBLIC CIRCULATION BUT FOR THE INFORMATION OF
MEMBERS OF QSA, SUPPORTERS AND FRIENDS. PAST COPIES OF THE NEWSLETTER ARE
PLACED IN THE CURRENT PAGE OF THE QSA WEBSITE www.sanghaqld.org**

If you do not want to receive this newsletter please advise QSA via infoqsa@gmail.com

If you want a friend to see this newsletter please let us know