Queensland Sangha Association Inc

SIDDHARTHA INSTITUTE OF BUDDHISM

DIPLOMA COURSE IN DHAMMA (IN ENGLISH)

COURSE NUMBER SN-003

COURSE INFORMATION

COURSE STRUCTURE (TOTAL ESTIMATED TIME FOR TEACHING 69 HOURS)

2

The Vinaya Pitaka and commentaries

PART (1) LIFE OF THE BUDDHA (TO ESTABLISHMENT OF SANGHA)	Two Hours
1	Historical setting in which the Buddha appeared	1 Hour
2	Brief Life Story of the Buddha (to the first 60 monks and the the 2 chief of	lisciples 1 hour
3	Teaching methods for Part (1): Picture Story	
PART (2	2) THREE REFUGES AND THE TRIPLE GEM	Eight Hours
1	The three refuges and the 24 qualities of the Triple Gem	2 Hour
2	Formulae for practice (Generosity, Morality, Meditation (calming, Insight	t) 2 Hours
3	Ten meritorious deeds. Ten wholesome/Unwholesome actions	2 Hours
4	Humility and respect (Sangha, Teachers, parents, others)	2 Hours
5	Teaching methods for Part (2): Set of excel power point tables plus disc	ussion
PART (Six Buddhist councils, Discourses on Blessings and Skills	Eight Hours
1	Six Theravada Buddhist Councils, Writing down of the Tripitaka	2.5 Hours
2	Tripitaka books and commentaries	2 Hours
3	Mahamangala (Blessings) Sutta, Karaniya Metta Sutta	4 Hours
4	Teaching methods for Part (3): Set of excel power point tables plus disc	ussion
PART (4) FIRST 20 YEARS FROM ENLIGHTENMENT ETC Tw		Twenty Hours
1	Six special knowledges and 10e ten powers of the Buddha	2 Hours

2 Hours

3	Introduction to Visuddhi Magga	2 Hours
4	The First Discourse of the Buddha	2 Hours
5	The Bhikkhuni Order, Visits to Sri Lanka	2 Hours
6	Buddha's main lay patrons	2 Hours
7	Leading disciples of the Buddha (Sariputta, Moggallana, Kassapa, Ananda,	4 Hours
8	Khema and Uppalavan na	
9	Four Sublime States	2 Hours
10	Ten Perfections	2 Hours

11 Teaching methods for Part (4): Combined methods plus discussion. Excel power point tables for 1 to 4 and 10

PART (5) KEYS FOR THE ADVANCED PRACTITIONER	Fifteen Hours
1	37 Factors of Enlightenment	2 Hours
2	Stages of Enlightenment	2 Hours
3	Three Signata (anicca, dukkha and anatta)	2 Hours
4	Buddhist approach of Discerning the Truth	2 Hours
5	Dependent Origination	2 Hours
6	Discourse on the three Jewels	3 Hours
7	Recent History of Buddhism in Sri Lanka, Olcott and Dharmapala	2 Hour

8 Teaching methods for Part (5): Number Gestalt for 1. Three lives story for 5. Combined methods plus discussion. Excel power point tables for all

PART	(6) MINDFULNESS, INSIGHT, BUDDHA, THERAVADA	12 Hours
1	Discourse on mindfulness (Maha Satipatthana Sutta)	2 Hours
2	Insight Meditation	2 Hours
3	Illustration kamma-Vipaka. Cula Kamma Vibhanga Sutta	2 Hour
4	Seven stages of Purity	2 Hours
5	Uniqueness of the Buddha	2 Hours

7 Teaching methods for Part (6): Number Gestalt for 1. Combined methods plus discussion. Excel power point tables for many

PART (7) SELECTIONS FROM THE DHAMMAPADA

4 Hours

1 Selected stanzas from the Dhammapada with explanations

4 Hours

2 Teaching methods for Part (7): Recitation. Poer point translations

PRE-REQUISITES

Completion of year 12 in school or equivalent, or a higher qualification. A degree will be well regarded. A degree in Buddha Dhamma or in psychology will be particularly useful.

LEVEL OF DELIVERY

The level of delivery generally corresponds to college training for a Diploma. Parts 2 to 7 will reach higher levels of delivery, right up to degree level.

CERTIFICATES AWARDED

Certificates of participation will be awarded on completion of any two parts. After satisfactory completion of all parts a Diploma Certificate in Buddhist Psychology can be awarded provided diligence is shown in following the course. Part of the diligence is to complete assignments given or in attending face to face classes..

METHOD OF DELIVERY

Learning is through reading lessons available on the internet and related boooks. Face to face classes will be afforded once a month if enough participants are committed.

TIME TABLE

The time table will be settled to suit participants as much as possible..

TEACHING STAFF ()UST AN IDEA OF POSSIBILITIES)

Teaching staff is as appointed by the Academic Council of Siddhartha Institute of Buddhism. Qualifications expected of lecturers are on par with qualifications expected of lecturers in universities and tertiary colleges. Exceptions are made by the Academic Council.

Teaching staff will be nominated later.

BENEFITS OF FOLLOWING THE COURSE

The course is not recognised as a qualification of any specific type of employment. However completion of the course may be well regarded in certain types of employment or engagement such as Dhamma Schools

The value of the course is that it equips a person to guide his or her own life and to serve the community as a Teacher of Buddhism in Dhamma Schools or in state schools via BESS.

It will make it easy to remember many aspects of the Dhamma.

COURSE FEES AND DONATIONS

Fees will not be charged for this course. In the past, participants have made voluntary donations that have helped the organisation to continue its commitment to further education and training.

When making a donation please always send a brief email to infoqsa@gmail.com

The bank particulars are given below:

Name of account Queensland Sangha Association Inc

Bank name Heritage Bank

Branch name Forest Lake

Address of Bank Forest Lake Shopping Centre, Forest Lake Boulevard, Forest Lake,

Qld. 4078

BSB number 638-070

Account number 1159-2818

HOW TO REGISTER FOR THE COURSE

You can send a brief email expressing your interest to follow the course SN-002 to the following address:

infoqsa@gmail.com

The registrar of SIB, Mrs. Cynthia Gunawardana will guide you from that point.

BACKGROUND INFORMATION ABOUT THE SIDDHARTHA INSTITUTE OF BUDDHISM

Please refer to the general prospectus of SIB as updated from time to time.

N.B. Consent of teaching staff is yet to be obtained.

[THE END OF THE INFORMATION PACK AS APPROVED ON 23 MAY 2015]