

Queensland Sangha Association Inc

SIDDHARTHA INSTITUTE OF BUDDHISM

DIPLOMA COURSE IN ABHIDHAMMA (IN ENGLISH)

COURSE NUMBER SN-002

COURSE INFORMATION

COURSE STRUCTURE (TOTAL ESTIMATED TIME FOR TEACHING 64 HOURS)

PART (1)	BACKGROUND AND BASIC THEORY	Four Hours
1	Western psychology-origin, schools of psychology	1 hour
2	Origin of Abhidhamma, scriptures, commentaries, and modern day sub commentaries (1 Hour)	
3	Abhidhamma compared with Dhamma	1 Hour
4	Absolute realities and conventional realities	1 Hour

PART (2)	THE 121 (OR 89) CITTAS	Twelve Hours
1	Definitions of Citta as eighty nine or 121 types	12 Hours

Recommended teaching methods

Power point and printed presentations in respect of all 121 cittas together (Ven. Narada page 71 , 12 excel tables one for each sub set. At the end use master table linking citta with cetasika (Ven. A.Anandasiri)

PART (3)	52 CETASIKAS	Six Hours
1	Description of Cetasikas in the group of Universals (7) and occasionals (6)	3 Hours
2	Wholesome and unwholesome Cetasikas (14, 25)	3 Hours

Recommended teaching methods

Power point and printed presentations in respect of all 52 cetasikas together (Rahubadde Sarath-Chandra page 13), 5 excel tables one for each sub set. At the end use master table linking citta with cetasika (Ven. A. Anandasiri)

PART (4)	FIVE AGGREGATES, FUNCTIONS OF CITTAS	Ten Hours
1	Compendium of the Miscellaneous (Pakinnaka) in summary	.5 Hours
2	Analysis of Feeling	1.5 Hours

3	Compendium of Roots (of Citta)	2 Hours
4	Compendium of Functions (of Citta), Parts 1 to 4	6 Hours

Recommended teaching methods

Power point and printed presentations in respect of each analysis. Excel table one for functions

PART (5)	RUPA (MATTER AS APART OF NAMA-RUPA)	Six Hours
1	Matter as an ultimate reality Rupa as a Paramattha Dhamma	1 Hour
2	Material phenomena	1 Hour
3	Characteristics of Matter (Rupa)	1 Hour
4	Classification of matter(Rupa Vibhanga)	1 Hour
5	Origination of matter (Rupa Samutthana)	1 Hour
6	Analysis of material phenomena by way of origin	1 Hour
7	Grouping of material phenomena (Kalapa Yojana)	1 Hour
8	Occurrence of material phenomena (Rupa Pavattikkama)	1 Hour

Recommended teaching methods

Power point presentation of human body with 28 phenomena, excel tables of characteristics of matter, classification of rupa, grouping of rupa

PART (6)	THE SIX SENSES AND THE THOUGHT PROCESS	Nine Hours
1	Compendium of Doors (Dvara Sangaha)	2 Hours
2	Compendium of Objects (Alabana Sangaha)	2 Hours
3	Compendium of Bases (Vatthu Sangaha)	1 Hour
4	Compendium of Cognitive Processes (Vthi Sangaha Vibhanga)	3 Hours
5	Compendium of Process Freed (Vithi Vimutta Sangaha Vibhanga)	1 Hour

Recommended teaching methods

Diagram connecting bases, doors and objects. Thought sample diagram, Diagrams for special thoughts

PART (7)	CAUSALITY, PATH TO ENLIGHTENMENT	Twelve Hours
1	Compendium of the Unwholesome Category	3 Hours

2	Compendium of the Mixed Categories	1 Hour
3	Compendium of the Requisites of Enlightenment	2 Hours
4	Compendium of the Wholesome	2 Hours
5	Compendium of Conditionality	3 Hours
6	Dependent origination and the theory of conditionality compared	1 Hour

Recommended teaching methods

Number gestalt for 3. Mnemonic for 5. Excel tables for each item. Materials to illustrate differences in elements of 1. Actual example to illustrate conditional relations.

PART (8) INTER-LOCKING OF ABHIDHAMMA CONCEPTS Three Hours

1	The relations between Citta and Cetasika (Venerable A. Anandasiri)	3 Hours
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Recommended teaching methods

Highlighting of minor classifications

PART (9) WESTERN PSYCHOLOGY AND ABHIDHAMMA Two Hours

1	Standing of Abhidhamma vis-à-vis different schools of psychology	2 Hours
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Recommended teaching methods

Discussion

PRE-REQUISITES

Completion of year 12 in school or equivalent, or a higher qualification. A degree will be well regarded. A degree in Buddha Dhamma or in psychology will be particularly useful. These qualifications can be relaxed at the discretion of the Academic Council of the Siddhartha Institute of Buddhism.

LEVEL OF DELIVERY

The level of delivery generally corresponds to college training for a Diploma. Parts 2 to 7 will reach higher levels of delivery, right up to degree level.

CERTIFICATES AWARDED

Certificates of participation will be awarded on completion of any two parts. After satisfactory completion of all parts a Diploma Certificate in Buddhist Psychology can be awarded provided diligence is shown in following the course. Part of the diligence is to complete assignments given or in attending face to face classes..

METHOD OF DELIVERY

Learning is through reading lessons or lesson guides available on the internet and related books. Face to face classes will be afforded twice a month. Classes will be guided by two lecturers and will take the style of seminars in which everyone contributes to the discussion.

TIME TABLE AND VENUE

The time table will be settled to suit participants as much as possible. The default venue is the Sri Lanka Buddhist Monastery at 114 Considine Street, Ellen Grove, Queensland 4077. The hours will be 9.00 a.m. to 11 a.m. on the second and third Sunday of each month. Dates can be changed to avoid important events in the temple or another temple can be requested to assist. Class room facilities are available in the Thai temple in Forestdale..

TEACHING STAFF

Teaching staff is as appointed by the Academic Council of Siddhartha Institute of Buddhism. Qualifications expected of lecturers are on par with qualifications expected of lecturers in universities and tertiary colleges. Exceptions are made by the Academic Council. Current teachers in YSDS will be invited to teach on agreed topics.

The following have been listed to function as Lecturers and Tutors. There may be a few others nominated later on.

1. Venerable N. Sudhamma a nun who holds a Masters Degree in Education and other qualifications
2. Mr. Rahubadde Sarath-Chandra who holds several degrees and other qualifications and is the author 'Buddhist Psychology' and several other books. He also holds a Diploma in Buddhism from the Colombo YMBA.
3. Mr. Tanuja Y. Sarath-Chandra who holds two Masters Degrees and has completed a one year course in Buddhist Chaplaincy including practical applications of Abhidhamma

BENEFITS OF FOLLOWING THE COURSE

The course is not recognised as a qualification of any specific type of employment. However completion of the course may be well regarded in certain types of employment or engagement such as Dhamma Schools and public schools.

The value of the course is that it equips a person to guide his or her own life and to serve the community as a Teacher of Buddhism in Dhamma Schools or in state schools via BESS.

COURSE FEES AND DONATIONS

Fees will not be charged for this course. In the past, participants have made voluntary donations that have helped the organisation to continue its commitment to further education and training.

When making a donation please always send a brief email to infoqsa@gmail.com

The bank particulars are given below:

Name of account	Queensland Sangha Association Inc
Bank name	Heritage Bank
Branch name	Forest Lake
Address of Bank	Forest Lake Shopping Centre, Forest Lake Boulevard, Forest Lake, Qld. 4078
BSB number	638-070
Account number	1159-2818

HOW TO REGISTER FOR THE COURSE

You can send a brief email expressing your interest to follow the course SN-002 to the following address:

infoqsa@gmail.com

The registrar of SIB, Mrs. Cynthia Gunawardana will guide you from that point. If you have already submitted particulars you need not do it again.

BACKGROUND INFORMATION ABOUT THE SIDDHARTHA INSTITUTE OF BUDDHISM

Please refer to the general prospectus of SIB as updated from time to time. Please see the following website: Access is via the left hand sub-menu EDUCATION.

www.sanghaqld.org

[THE END OF THE INFORMATION PACK AS APPROVED ON 23 MAY 2015, dated 8 June 2015]