



Facebook: *Queensland sangha Association*

QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

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***SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE
DHAMMAPADA (104)***

DHAMMAPADA STANZA 104

Self-conquest is indeed far greater than the conquest of all other folk. No other being can win back the victory of such a person who is self-subdued and ever lives in restraint.

Military Buddhist Chaplain from QSA



8.30am, Tuesday 28th February 2023. Appointment Ceremony at Defence Force Recruiting, Robina, Gold Coast.

Esteban Monti was appointed as an Officer in the Australian Army Reserve, in the role of military Buddhist Chaplain.

In this public commissioning event, Esteban's family, friends, and supporters gathered to celebrate his achievement and commitment to serve the country.

QSA heartily congratulates Esteban.

Picture above, shows Esteban receiving his Certificate of Appointment. The oath was taken holding the Dhammapada.

Venerable BomHyon Sunim was the Buddhist religious VIP specially invited by Australian Defence Force to officiate on the occasion.

As one of QSA's registered Buddhist chaplains, Esteban practises in the Tibetan and Pure Land traditions. He will continue with his voluntary Buddhist in-patient chaplaincy and group meditation services for patients and staff at Gold Coast University Hospital and Robina Hospital. He also conducts meditation and chaplaincy at the Richmond Fellowship Queensland.

DOMESTIC VIOLENCE CAN WE CONTRIBUTE TO RESOLVING THIS NATIONAL PROBLEM?

Domestic violence is a major social problem in Australia. It might be so in other countries, we do not know. The problem causes much damage to individuals, children and elderly people. It is also possible that it has an adverse effect on the economy.

Are solutions possible? As Buddhists can we offer solutions?

QSA has set up a task force to work out a solution acceptable to Buddhists and non-Buddhists equally. Production of a resource book and presenting an educational program have been entrusted to the group.

If you like to have more information on this project, please send an email to **infoqsa@gmail.com**

People with expertise in the subject, people with related talents, and people who wish to benefit from this project are equally welcome to enquire and to participate.

RETREAT WITH VENERABLE PANADURE CHANDARATANA THERO IN APRIL



GOLD COAST BUDDHIST ASSOCIATION



Residential Meditation Retreat

**13th April 2023 (Thursday) 7:00 PM to
16th April 2023 (Sunday) 1:00 PM
(3 Nights)**

**PCYC Bornhoffen,
3510 Nerang Murwillumbah Road,
Natural Bridge QLD 4211**

Online Registration
www.bit.ly/gcbameditation2023



Registration
Opens – Now
Closes – 30th March 2023



Conduct by
Ven. Panadure Chandaratana Thero
The Deputy Abbot of the Mithrigala Nissarana Forest Monastery

Contacts: Sanjeewa – 0434 014 458 , Krishan- 0452 495 552

Gold Coast Buddhist Association - Residential Meditation Retreat – April 2023

| | |
|-------------------------|--|
| Start Date | 13 th April 2023 (Thursday) 3:00 PM (Program starts at 7:00 PM) |
| End Date | 16 th April 2023 (Sunday) 1:00 PM (Program ends at 12:30 PM) |
| Duration | 3 Days & 3 Nights |
| Venue | PCYC Bornhoffen Centre 3510 Nerang Murwillumbah Rd, Natural Bridge QLD 4211 |
| Medium | Sinhala. Repeated in English is also available on request |
| Conduct by | Most Venerable Panadure Chandaratana Thero The Deputy Abbot of the Mithrigala Nissarana Forest Monastery |
| Accommodation | Male & female separated shared cabins & toilets, shared with 3 - 5 Yogis |
| Venue facilities | <ul style="list-style-type: none"> • The kitchen area has Fridge, Microwave, Toaster, Kettle, Cups, and plates with cutlery • Cushions and chairs are available in the hall • Parking available |

| | |
|------------------------|---|
| Meals | <ul style="list-style-type: none"> • Breakfast and Morning / Evening tea - self-arranged • Lunch - will be provided by the donors. • Dinner - Not provided. • Tea - Provided by generous donors |
| Cost | AUD 150 per person for 3 nights |
| Donation | Any kind of donations are welcome and very much appreciated |
| Registration | <ul style="list-style-type: none"> • Opens – Now • Closes – 30th March 2023 • Registration is accepted on a first come first served basis |
| How to register | <ul style="list-style-type: none"> • Fill out the Registration Form online: https://bit.ly/gcbameditation2023 |
| Bank Account | Transfer the deposit to the bank account below. <ul style="list-style-type: none"> • Bank: Commonwealth bank • Account Name: Gold Coast Buddhist Association Inc • BSB: 084447 • Account No: 786339283 • Please mention your first & last name with 'Retreat' as a reference |
| Note | Please let us know if you have any special requirements |

NEW FREE E-BOOKS AVAILABLE

The following e-books are available for free distribution by the QSA and can be sent by email (PDF copy). Please send an email to infoqsa@gmail.com if you wish to receive these.

- 1 The Buddhist Way to Happiness (English)
- 2 The Buddhist Way to Happiness (Sinhala)
- 3 Practical Techniques of Teaching Buddhism to Youth
- 4 Basic Buddhist Psychology-second edition
- 5 Buddhist Chaplaincy
- 6 Q and A for students

DONATIONS TO QSA

The recent special donation of \$ 2000 from a supporter is greatly appreciated.

QSA runs on donations. Donations can be made through our bank account.

Heritage Bank

BSB: 638-070

Account number: 11592818

Account Name: Queensland Sangha Association

Please use your name as the payment reference and send an email with the payment details and your name to infoqsa@gmail.com

DHAMMA QUERIES ZOOM CHANNEL

Our ZOOM link will be active every Saturday from 2.30 pm Brisbane time. Anyone may make comments or raise questions on a one-to-one basis with a senior Dhamma counsellor free of charge. Book your time by sending an email via infoqsa@gmail.com

The ZOOM link will be sent to you in reply. If you like, in the email itself, you can make your comment or raise the question briefly; we can discuss details later.

BUDDHIST COUNSELLORS' DIVISION ESTABLISHED

The eighth division of QSA was established on 25 March 2023, It is for coordinating the work of all Buddhist Counsellors working with QSA.

If you wish to serve as a Buddhist Counsellor or if you seek training as a Buddhist Counsellor, you are encouraged to send an email to QSA via infoqsa@gmail.com

MANAGEMENT OF QSA

QSA is in its sixteenth year since inception in 2006. Committee meeting 53 was held in March 2023. The committee is supported by about 19 executives performing various functions such as financial management, chaplaincy services, education and publications. There are many other helpers too.

There are advisors in a few divisions. The Buddhist Chaplaincy Services Board, Buddhist Counsellors Co-ordination Board, and the Buddhist Publications Advisory Board need special mention as they help the executives with advise.

A group of Buddhist Chaplains is working with QSA. A smaller group of Buddhist Counsellors also work with QSA. The total of volunteers now exceeds 100.

THE END OF THE QSA NEWSLETTER FOR THE PERIOD MARCH 2023
Issued by the President of QSA, Reverend James Wilson

YOU ARE WELCOME TO FORWARD THIS NEWSLETTER TO A FRIEND WHO IS LIKELY TO BENEFIT

**THIS NEWSLETTER IS NOT FOR PUBLIC CIRCULATION BUT FOR THE INFORMATION OF MEMBERS OF QSA,
SUPPORTERS AND FRIENDS. PAST COPIES OF THE NEWSLETTER ARE PLACED IN THE CURRENT PAGE OF THE
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If you want a friend to see this newsletter, please let us know*