

## SA NEWSLETTER

### Sangha Samaggi Togetherness of the Buddhist Sangha

Published by the Queensland Sangha Association Inc An incorporated association of Buddhist monks and nuns in Queensland, Australia. Est. 2007 108 Eric Street, Goodna, Queensland 4300 [ABN 56 506 052 172]

**OSA WEBSITE** www.sanghaqld.org EMAIL ADDRESS infoqsa@gmail.com

30 September 2020

#### **CONTENTS**

#### PAGE DESCRIPTION

- 1 Short sayings of the Buddha (Dhammapada stanza 73)
- 2 Qualifying Course in Buddhist Chaplaincy-Repetition number 8 Course commences
- 2 Buddhist Forum (2) Session (4) Taking Control of your mind
- 6 FIFTH Queensland Buddhist Convocation to be held in November 2020
- 4 Vacancies for volunteers in QSA
- 4 Invitation to contribute to the QSA Buddhist Forum (on Zoom)
- 4 The QSA Dhamma Magazine commences

### SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE **DHAMMAPADA**

The foolish Bhikkhu desires praise for qualities he does not have, precedence among Bhikkhus, authority in the monasteries, and veneration from those unrelated to him. "Let both Bhikkhus and laymen think that things are done because of me; let them obey me in all matters, great and small" such being the thoughts of the fool, his greed and his pride grows.

## (Dhammapada stanza 73)

# QUALIFYING COURSE IN BUDDHIST CHAPLAINCY Sept/Oct 2020

### **ON ZOOM**

The course commenced on Saturday 13<sup>th</sup> of September 2020 and is expected to conclude on 25 October 2020.

It will run on-line (via Zoom) over five Sunday mornings (9am to 1pm) on the following dates: 13 September, 20 September, 27 September, 4 October, 25 October. Attendance at all five classes is a requirement.

# BUDDHIST FORUM (2) TAKING CONTROL OF MY MIND SESSION (4) 10 OCTOBER 2020

Do we have control over our minds or does the mind take control of us? When the untrained mind takes control of a person, it can run amok. We then fail to achieve our goals.

Success and happiness in life depends on how well we are equipped to manage our minds. A person who does not have control of the mind can be knocked about, like a boat caught in a storm.

When do such situations occur? How do we manage the mind, when it is running all over?

Forum (2) Sessions 1,2, and 3 have now been concluded. We discussed a set of this type of problem. Rahubadde Sarath-Chandra, author of "Buddhist Psychology-the building blocks", and Tanuja Sarath-Chandra conducted the discussion.

A full report on Session 3 was given in the Dhamma Magazine published on 15 September 2020.

Forum (2) Session (4) will be held on Saturday 10 October from 10.00 to 11.00 a.m. Click on the ZOOM link to join: https://us02web.zoom.us/j/6043658907 a little before the start.

If you have questions regarding this session or any other activities of the QSA, please email infoqsa@gmail.com

### The cases for Session 4 are given below. You may raise more cases.

- 15 The mind derives comfort by dwelling on unwholesome things
- 16 The mind is embroiled in confusion the whole time
- 17 The mind is tired and wants to sleep, after running around too much
- The eyes try to see what is here but the mind dwells on what is there
- 19 The mind tries to do too many things at the same time
- The mind enjoys having a pipe dream

## THE FIFTH QUEENSLAND BUDDHIST CONVOCATION

The fifth Queensland Buddhist Convocation will be held at 2.30 p.m. on 28 Saturday in November 2020. The venue and other details will be determined when the Health Policy becomes clearer.

# VACANCIES FOR VOLUNTEERS IN THE QUEENSLAND SANGHA ASSOCIATION INC

Several vacancies in QSA continue to impede some activities. Please email QSA vua <u>infoqsa@gmail.com</u> or telephone Rahu on 3278 9021.

# QSA BUDDHIST FORUMS (ON ZOOM) INVITATION TO ALL TO CONTRIBUTE

Would you like to conduct an educational course or a short forum on a ZOOM facility organised by QSA?

Have a chat with Rahu or email infoqsa@gmail.com

# A UNIFIED BASIC COURSE ON BUDDHISM FOR AUSTRALIANS

QSA is planning to conduct a basic course in Buddhism encompassing all traditions of Buddhism established in Australia. The idea is to allow an enquirer to get a basic idea of Buddhism and come to know where each is practiced in Australia.

If you wish to participate in this project please ask for details by emailing infoqsa@gmail.com

## **QSA DHAMMA MAGAZINE COMMENCED**

The first number of the QSA Dhamma Magazine was published on 15 September 2020. It carried a few short articles relating to common facts about the harmful behaviour of the mind.

Several congratulatory messages were received. Thank you to everyone who wrote to QSA on the magazine.

The second number will be issued on 15 October 2020.

THE END OF THE 5 PAGE QSA NEWSLETTER FOR THE PERIOD SEPTEMBER 2020

Issued by the President of QSA, Reverend James Wilson

# YOU ARE WELCOME TO FORWARD THIS NEWSLETTER TO A FRIEND WHO IS LIKELY TO BENEFIT

THIS NEWSLETTER IS NOT FOR PUBLIC CIRCULATION BUT FOR THE INFORMATION OF MEMBERS OF QSA, SUPPORTERS AND FRIENDS. PAST COPIES OF THE NEWSLETTER ARE PLACED IN THE CURRENT PAGE OF THE QSA WEBSITE <a href="https://www.sanghaqld.org">www.sanghaqld.org</a>

If you do not want to receive this newsletter please advise QSA via <u>infoqsa@gmail.com</u>
If you want a friend to see this newsletter please let us know