



QSA NEWSLETTER

Sangha Samaggi Togetherness of the Buddhist Sangha

Published by the Queensland Sangha Association Inc

An incorporated association of Buddhist monks and nuns in Queensland, Australia. Est. 2007

108 Eric Street, Goodna, Queensland 4300 [ABN 56 506 052 172]

QSA WEBSITE www.sanghaqlld.org

EMAIL ADDRESS infoqsa@gmail.com

Facebook: *Queensland sangha Association*

28 February 2021

CONTENTS

PAGE	DESCRIPTION
------	-------------

- | | |
|---|--|
| 1 | Short sayings of the Buddha (Dhammapada stanza 78) |
| 2 | Buddhist chaplaincy qualifying course 2021 |
| 3 | Fortnightly Buddhist Forum 03-Pathway to Nibbana, Session 6 |
| 4 | Would you have a taste for publishing related work? |
| 5 | Appointments to QSA General Consultancy Division |
| 5 | Annual general meeting of QSA 20 March 2021 |
| 6 | Introduction to Hospital and End of life Buddhist Chaplaincy |

SHORT SAYINGS OF THE BUDDHA SELECTED FROM THE DHAMMAPADA (78)

Associate not with evil friends, associate not with mean men. Associate with good friends, associate with noble men.

ONLINE COURSE IN BUDDHIST CHAPLAINCY

June/July 2021

Buddhist Chaplains perform a wide range of volunteer work both inside and outside Buddhist communities in Australia. This includes: supporting people who are facing life difficulties (relationship and family problems, unemployment, bereavement, etc.); providing pastoral care in hospitals, hospices, prisons and universities; teaching Buddhism in schools and elsewhere; teaching meditation and mindfulness; running Buddhist centres and groups; caring for children, the sick, the elderly and dying; supporting community members in times of conflict or natural disaster.

The Queensland Sangha Association is again offering a short, on-line course for those who are interested in volunteer chaplaincy work. Our Qualifying Course in Buddhist Chaplaincy provides some basic training and skills in how to help and support others. The topics to be covered in the course include: what it means from a Buddhist perspective to help or 'offer service' to others, assessing needs and making referrals, basic counselling skills (listening and communication), the diversity of Buddhist communities, common problems and issues encountered by chaplains, suicide prevention, and self-care for chaplains.

This course will run - via Zoom - over four Sundays (from 9am to 2pm, Brisbane time) on the following dates in 2021: 6 June, 13 June, 4 July, 11 July. Attendance at all four classes is required.

The Qualifying Course in Buddhist Chaplaincy does not assume any in-depth knowledge of Buddhism or any prior training in counselling. It is open to lay and ordained people from all Buddhist traditions and backgrounds (and to non-Buddhists as well). The course is free although a donation to the Queensland Sangha Association (of any size) is requested for participants who are able to afford this.

The full information package for the Qualifying Course in Buddhist Chaplaincy can be obtained by emailing the course convenor, Dr Barbara Sullivan – barbara.sullivan4005@gmail.com

This will be the ninth repeat of the Buddhist Chaplaincy Qualifying Course.

(a new course on Hospital and end of life chaplaincy is advertised on the last page of this newsletter)

BUDDHIST FORUM (3) PATHWAY TO NIBBANA SESSION 6

Session 5 of the continuing Forum 3 on Mindfulness was held on 23 December 2020. Mr. Amaranath Jayakody functioned as the forum leader. As before each program included a talk.

The talks covered the following topics:

- 1 Mindfulness
- 2 The Four Foundations of Mindfulness
- 3 Evolution of Breathing
- 4 Clear Comprehension
- 5 Clear Comprehension

If you wish to participate in forum 3 please ask for the ZOOM codes. Please write to infoqsa@gmail.com

QSA IS LOOKING FOR A VOLUNTEER WITH KNOWLEDGE OF PUBLISHING

QSA publishes a Dhamma Magazine, a newsletter on a monthly basis. A few books have been and are in the planning or publication process. Various documents are produced in relation to training courses. There are a few volunteers already helping in this work.

We want someone with training or experience in relation to publishing to join our team. Enhancing the quality of products is one major aim.

NEW APPOINTMENTS TO THE QSA GENERAL CONSULTANCY DIVISION

The following new appointments have been made to the General Consultancy Division of the Queensland Sangha Association Inc.:

Mr. Sanjeewa Morawaka
Dr. Sanka Wasalthilake

This brings the total working in this division to four. The services rendered by this division includes:

- (1) General advice on setting up a temple association (2)
- (2) Drafting of constitutions for a temple association
- (3) Setting up initial accounting systems for temple associations
- (4) Setting up initial communication systems for temple associations
- (5) Assisting temple associations to obtain deductible gift fund recipient status

Matters relating to temple development applications are handled by a division devoted to that purpose only.

ANNUAL GENERAL MEETING OF QSA

The 12th annual meeting of the Queensland Sangha association will be held on Zoom at 2.00 p.m. on Saturday 20 March 2021. If you wish to obtain full details of the agenda and the ZOOM code to enter the meeting please email QSA via infoqsa@gmail.com as soon as possible.

INTRODUCTION TO HOSPITAL AND END OF LIFE CHAPLAINCY

(100 Hours)

This new chaplaincy course aims to provide some basic tools to guide those who are interested in – or already engaged in - chaplaincy in hospitals, hospices, aged care and home care contexts. The topics to be covered include:

- Identifying and assessing needs for chaplaincy services
- Models and limits of chaplaincy in hospitals, hospices, aged care and home contexts
- End of life practice
- Aging
- Cultivating Presence - communication skills for chaplains
- differences and sensitivities in the Queensland community (culture, race, gender, sexuality, etc); differences within Buddhist communities in Queensland
- Buddhist and Inter-Faith rituals for supporting people who are ill, aging, dying and bereaved; Buddhist approaches to end of life and death
- self-care for chaplains.

This course will involve 20 hours of class attendance (9am to 1pm) in Brisbane on the following dates: September 12, September 19, September 26, October 17 and October 24.

In addition, students will be required to complete at least 80 hours of additional work including: reading in preparation for class discussion, practicing communication skills, internet research, keeping a reflective journal, writing a personal/spiritual biography, writing a short review of an assigned book, and completion of a final exam.

Entry Requirements for Buddhist Chaplaincy 102:

- Completion of the Queensland Sangha Association's Qualifying Course in Buddhist Chaplaincy or equivalent. See <https://www.sanghaql.org/>
- a good level of written and spoken English. The course includes reading and discussion of English-language texts (some of which may be quite challenging) as well as written assignments. However, additional support is available for students for whom English is a second language.

For the full information package about this course – including how to apply for enrolment please email Dr Barbara Sullivan at barbara.sullivan4005@gmail.com

**THE END OF THE 6 PAGE QSA NEWSLETTER FOR THE PERIOD FEBRUARY
2021**

Issued by the President of QSA, Reverend James Wilson

**YOU ARE WELCOME TO FORWARD THIS NEWSLETTER
TO A FRIEND WHO IS LIKELY TO BENEFIT**

**THIS NEWSLETTER IS NOT FOR PUBLIC CIRCULATION BUT FOR THE INFORMATION OF
MEMBERS OF QSA, SUPPORTERS AND FRIENDS. PAST COPIES OF THE NEWSLETTER ARE
PLACED IN THE CURRENT PAGE OF THE QSA WEBSITE www.sanghaql.org**

*If you do not want to receive this newsletter please advise QSA via infogsa@gmail.com
If you want a friend to see this newsletter please let us know*